He Made Me Dance



拍數: 32 牆數: 4 級數: Intermediate

編舞者: DJ Dan (NL) & Wynette Miller (NL) - February 2009

音樂: Manhattan, Kansas - Leona Williams: (CD: New Patches)



Intro 8 counts, start on vocals.(89 bpm)

CROSS, HOLD, & CROSS, SIDE, 1/4 TURN LEFT, CROSS ROCK-SIDE, CROSS ROCK

1-2 Cross Left over Right. HOLD.

&3 Step on ball of Right to right side. Cross Left over Right.

Step Right to right side. Make 1/4 turn left step Left to left side. [9.00]
 Cross rock Right over Left. Recover onto Left. Step Right to right side.

8-1 Cross Left over Right. Recover onto Right.

FULL TURN TO LEFT SIDE, CROSS ROCK, CHASSE 1/4 TURN RIGHT. ROCK STEP FORWARD

2&3 1/4 turn left step Left forward. 1/2 turn left step Right back. 1/4 turn left step Left to side [9.00]

4-5 Cross rock Right over Left. Recover onto Left.

Step Right to right side. Step Left next to Right. Make 1/4 turn right step Right forward.

[12.00]

8-1 Rock Left forward. Recover onto Right.

Easier option 2&3 Left Chasse.

FULL TRIPLE TURN, ROCK STEP FORWARD, LOCK STEP BACK, TAP BACK, 1/2 PIVOT LEFT

2&3 Full triple turn left on the spot stepping Left, Right, Left [12.00]

4-5 Rock Right forward. Recover onto Left.

Step Right back. Lock Left over Right. Step Right back.
Tap Left toe back. Pivot 1/2 left (weight ends on Left) [6.00]

Easier option 2&3 Left Coaster Step.

MAKE 1/4 TURN SIDE ROCK-CROSS, SIDE, BEHIND, SCISSOR STEPS. SIDE

2&3 1/4 turn left rock Right to right side. Recover onto Left. Cross Right over Left. [3.00]

4-5 Step Left to left side. Cross Right behind Left.

6&7 Step Left to left side. Step Right next to Left. Cross Left over Right.

8 Side

TAG 4 counts. After wall 3. Repeat the first 4 counts.

1-2 Cross Left over Right. HOLD.

&3 Step on ball of Right to right side. Cross Left over Right.

4 Step Right to right side.

Restart dance from the beginning.