He Made Me Dance

級數: Intermediate

編舞者: DJ Dan (NL) & Wynette Miller (NL) - February 2009

音樂: Manhattan, Kansas - Leona Williams : (CD: New Patches)

Intro 8 counts, start on vocals.(89 bpm)

拍數: 32

CROSS, HOLD, & CROSS, SIDE, 1/4 TURN LEFT, CROSS ROCK-SIDE, CROSS ROCK

- Cross Left over Right. HOLD. 1-2
- &3 Step on ball of Right to right side. Cross Left over Right.
- 4-5 Step Right to right side. Make 1/4 turn left step Left to left side. [9.00]
- 6&7 Cross rock Right over Left. Recover onto Left. Step Right to right side.
- Cross Left over Right. Recover onto Right. 8-1

FULL TURN TO LEFT SIDE, CROSS ROCK, CHASSE 1/4 TURN RIGHT. ROCK STEP FORWARD

- 2&3 1/4 turn left step Left forward. 1/2 turn left step Right back. 1/4 turn left step Left to side [9.00] 4-5
- Cross rock Right over Left. Recover onto Left.
- Step Right to right side. Step Left next to Right. Make 1/4 turn right step Right forward. 6&7 [12.00]
- 8-1 Rock Left forward. Recover onto Right.
- Easier option 2&3 Left Chasse.

FULL TRIPLE TURN, ROCK STEP FORWARD, LOCK STEP BACK, TAP BACK, 1/2 PIVOT LEFT

- 2&3 Full triple turn left on the spot stepping Left, Right, Left [12.00]
- 4-5 Rock Right forward. Recover onto Left.
- 6&7 Step Right back. Lock Left over Right. Step Right back.
- Tap Left toe back. Pivot 1/2 left (weight ends on Left) [6.00] 8-1
- Easier option 2&3 Left Coaster Step.

MAKE 1/4 TURN SIDE ROCK-CROSS, SIDE, BEHIND, SCISSOR STEPS. SIDE

- 2&3 1/4 turn left rock Right to right side. Recover onto Left. Cross Right over Left. [3.00]
- 4-5 Step Left to left side. Cross Right behind Left.
- Step Left to left side. Step Right next to Left. Cross Left over Right. 6&7
- 8 Side

TAG 4 counts. After wall 3. Repeat the first 4 counts.

- 1-2 Cross Left over Right. HOLD.
- &3 Step on ball of Right to right side. Cross Left over Right.
- 4 Step Right to right side.

Restart dance from the beginning.





牆數:4