

# Lonely Hearts

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - February 2009  
音樂: Lonely Hearts - Raul Malo : (CD: Lucky One, start 16 counts after the beat kicks in...on the word 'hearts')



## (1-8) R side shuffle, L back rock & recover, L side rock & recover, weave R 2

1&2      Step R side, step L together, step R side  
3-6      Rock L back, recover weight on R, rock L side, recover weight on R  
7-8      Cross step L over R, step R side (12 o'clock)

## (9-16) ½ L hinge shuffle, R back rock & recover, R side rock & recover, weave L 2

1&2      Turning ½ left step L side, step R together, step L side (6 o'clock)  
3-6      Rock R back, recover weight on L, rock R side, recover weight on L  
7-8      Cross step R over L, step L side

## (17-24) ¼ R & R fwd, ½ R with L hitch, step L forward, touch R heel fwd, walk back 2, R coaster step

1-2      Turning ¼ right step R forward. Turn a further ½ turn right hitch L knee (9 o'clock)  
3-4      Step L forward, touch R heel forward (3 o'clock)  
5-6      Step R back, step L back  
7&8      Step R back, step L together, step R forward

## (25-32) L fwd rock & recover, L full turn back, L back, R jazz box

1-2      Rock L forward, recover weight on R  
3-4      Turning ½ left step L forward, turning ½ left step R back (3 o'clock)

### (Non-turning option for 3-4: step L & R back)

5-8      Step L back, cross step R over L, step L back, step R side

## (33-40) L cross over & unwind ½ R, "original" jazz box, L fwd step touch

1-2      Cross L over R, unwind ½ right with weight ending on R (9 o'clock)  
3-6      Step L forward, cross step R over L, step L back, step R side  
7-8      Step L forward, touch R together

## (41-48) R & L back diagonal step touches, R back rock & recover, R fwd, ¼ L pivot turn

1-2      On right diagonal step R back, touch together (clap)  
3-4      On left diagonal step L back, touch R together (clap)  
5-8      Rock R back, recover weight on L, step R forward, pivot ¼ left (6 o'clock)

## (49-56) R fwd, ¼ L pivot turn, R fwd, ¼ L pivot turn, weave L 4 with ¼ L pivot turn

1-4      Step R forward, pivot ¼ left, step R forward, pivot ¼ left (12 o'clock)

### (Styling note for 3 ¼ pivots, use your hips as you make the turns – it feel good)

5-8      Cross step R over L, step L side, cross step R behind L, turn ¼ L step L forward (9 o'clock)

## (57-64) ¼ L pivot, R cross shuffle, L side step touch, R side, L cross step

1-2      Step R forward, pivot ¼ left (6 o'clock)  
3&4      Cross step R over L, step L side, cross step R over L  
5-8      Step L side, touch R together, step R side, cross step L over R

Tag at end of walls 2, 4 & 5. - 8 count tag as follows: Then restart the dance from the beginning

### ½ R Monterey turn repeat 2X

1-4      Touch R to right side, turning ½ right step R together, touch L to left side, step L together  
5-8      Touch R to right side, turning ½ right step R together, touch L to left side, step L together

This tag is executed at the end of walls 2 & 4 (facing front wall) and 5 (facing back wall)

