

U Turn

拍數: 32 牆數: 4 級數: Improver

編舞者: Robbie McGowan Hickie (UK) - February 2009

音樂: Your Heart Turned Left (And I Was On The Right) - Jason Allen : (CD: Wouldn't It Be Nice)



Intro: 8 Count intro – Start on Vocals

Step Diagonally Forward Right. Touch. Step Back. Kick. Behind. Side. Cross. Step Diagonally Forward Left. Touch. Step Back. Kick. Behind. 1/4 Turn Right. Step Forward.

- 1& Step Right Diagonally forward Right. Touch Left toe beside Right.
- 2& Step Left Diagonally back Left. Kick Right Diagonally forward Right.
- 3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 5& Step Left Diagonally forward Left. Touch Right toe beside Left.
- 6& Step Right Diagonally back Right. Kick Left Diagonally forward Left.
- 7&8 Cross Left behind Right. Make 1/4 turn Right stepping forward on Right. Step forward on Left.

Right Lock Step Forward. Step. Pivot 1/2 Turn Right. Step Forward. 1/2 Turn Left. Hold and Clap. 1/2 Turn Left. Hold and Clap. Right Mambo Forward.

- 1&2 Step forward on Right. Lock step Left behind Right. Step forward on Right. (Facing 3 o'clock)
- 3&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.
- 5& Make 1/2 turn Left stepping back on Right. Hold and Clap.
- 6& Make 1/2 turn Left stepping forward on Left. Hold and Clap.
- 7&8 Rock forward on Right. Rock back on Left. Step back on Right. (Facing 9 o'clock)

Toe Struts Back (Left & Right). Left Coaster Cross. Syncopated Monterey 1/4 Turn Right x 2.

- 1& Step Left toe back. Drop Left heel to floor.
- 2& Step Right toe back. Drop Right heel to floor.
- 3&4 Step back on Left. Step Right beside Left. Cross step Left over Right.
- 5& Point Right toe out to Right side. Make 1/4 turn Right stepping Right beside Left.
- 6& Point Left toe out to Left side. Step Left beside Right.
- 7& Point Right toe out to Right side. Make 1/4 turn Right stepping Right beside Left.
- 8 Point Left toe out to Left side. (Facing 3 o'clock)

Left Cross Shuffle. Right Scissor. 1/4 Turn Right x 2. Left Lock Step Forward.

- 1&2 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.
- 3&4 Step Right to Right side. Close Left beside Right. Cross step Right over Left.
- 5–6 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right beside Left.
- 7&8 Step forward on Left. Lock step Right behind Left. Step forward on Left. (Facing 9 o'clock)

Start Again