

Once Again

拍數: 64 牆數: 4 級數: Beginner
編舞者: Gerald Biggs (USA) - March 2009
音樂: Once Again - Connie Kis Andersen



Start on lyrics

(1-8) RT SIDE ROCK, RECOVER, TRIPLE STEP FORWARD, LT SIDE ROCK, RECOVER, TRIPLE STEP FORWARD

1-2 Rock onto RT while stepping RT to side, Recover back onto LT
3&4 Triple step forward, R,L,R
5-6 Rock onto LT while stepping LT to side, Recover back onto RT
7&8 Triple step forward, L,R,L
(for added styling sway hips on side rocks)

(9-16) JAZZ BOX, VINE RIGHT

1-2 Step RT over LT, Step back LT
3-4 Step RT next to LT, Step LT in place
5-6 Step RT to side, Step LT behind RT
7-8 Step RT to side, Touch LT next to RT

(17-24) WEAVE LT, LT CROSS OVER, PIVOT ¼ TURN RT

1-2 Step LT to side, Step RT over LT
3-4 Step LT to side, Step RT behind LT
5-6 Step LT to side, Step RT next to LT
7-8 Step LT over RT, Pivot ¼ turn RT (3:00) (keep weight LT)

(25-32) STEP RT BACK, LT HOOK, LOCK STEP, STEP, SCUFF, SIDE TOUCH

1-2 Step RT back, Hook LT foot across RT knee
3-4 Step LT forward, Lock step RT behind LT
5-6 Step LT forward, Scuff RT forward
7-8 Step RT to side, Touch LT toe next to RT

(33-40) FORWARD ROCK, RECOVER, ½ TURN TRIPLE STEP x2,

1-2 Rock forward onto LT, Recover back onto RT
3&4 Triple step, L,R,L while turning ½ turn LT (9:00)
5-6 Rock forward onto RT, Recover back onto LT
7&8 Triple step, R,L,R while turning ½ turn RT (3:00)

(41-48) ROCK RECOVER, COASTER STEP x2

1-2 Rock forward onto LT, Recover back onto RT
3&4 Step back LT, Step RT next to LT, Step forward LT
5-6 Rock forward onto RT, Recover back onto LT
7&8 Step back RT, Step LT next to RT, Step forward RT

(49-56) LT ROLLING VINE, FORWARD STEP TOGETHER, HEEL SCISSORS

1-2 Step LT ¼ turn LT, Step RT ¼ LT,
3-4 Step LT ½ turn LT, Touch RT toe next to LT
5-6 Diagonally Step RT forward, Slide hollow (instep) of LT foot next to RT heel
7-8 Scissor heels out, Scissor heels in

(57-64) RT ROLLING VINE, BACKWARDS STEP TOGETHER, HEEL SCISSORS

1-2 Step RT ¼ turn RT, Step LT ¼ turn RT

- 3-4 Step RT ½ turn RT, Touch LT next to RT
- 5-6 Diagonally step LT back, Slide RT heel to hollow (instep) of LT foot
- 7-8 Scissor heels out, Scissor heels in

Start again
