

It's America

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gaye Teather (UK) - April 2009
音樂: It's America - Rodney Atkins : (CD: It's America)



Dance rotates in CCW direction
32 count intro

Right kick-ball-point. Left kick-ball-point. Touch. Modified half Monterey turn Right

1&2 Kick Right forward. Step Right beside Left. Point Left to Left side
3&4 Kick Left forward. Step Left beside Right. Point Right to Right side
5 – 6 Touch Right beside Left. Point Right to Right side
7 – 8 Half turn Right on ball of Left stepping Right beside Left. Point Left to Left side (Facing 6 o'clock)

Weave Right. Cross rock. Chasse Left

1 – 2 Cross Left over Right. Step Right to Right side
3 – 4 Cross Left behind Right. Step Right to Right side
5 – 6 Cross rock Left over Right. Recover onto Right
7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side

Cross. Quarter turn Right. Back. Point back. Step forward. Half turn Left. Half turn Left shuffle

1 – 2 Cross Right over Left. Quarter turn Right stepping back on Left
3 – 4 Step back on Right. Point Left toe back
5 – 6 Step forward on Left. Half turn Left stepping back on Right
7&8 Half turn Left stepping forward on Left. Step Right beside Left. Step forward on Left (Facing 9 o'clock)

Easy option for steps 5 – 8: Walk forward Left. Right. Left shuffle forward

Forward rock. Shuffle half turn Right x 2. Back rock

1 – 2 Rock forward on Right. Recover onto Left
3&4 Shuffle half turn Right stepping Right. Left. Right
5&6 Shuffle half turn Right stepping Left. Right. Left (Facing 9 o'clock)

Note: Steps 3&4, 5&6 travel towards back wall

7 – 8 Rock back on Right. Recover onto Left

Easy option for steps 3&4, 5&6: Left shuffle back. Right shuffle back

Start again

Tags* At the end of walls 4 and 8 (Facing front wall both times) dance the following 4 steps

Rocking chair

1 – 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

Choreographer's note: The music goes out of phrasing a few times towards the end of the track. After much thought I finally decided to dance straight through that last part avoiding further tags, restarts etc. Just enjoy!