

Painted Windows

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Painted Windows - The Pussycat Dolls : (Album: Doll Domination - The Mini Collection)



Starts on Vocal (32 Counts)

Back, Coaster Step, Step, Rock Step, 1/2 , 1/4.

- 1 Step back on Left.
- 2&3 Step back on Right, step Left next to Right, step forward on Right.
- 4 Step forward on Left.
- 5-6 Rock forward on Right, recover on Left.
- 7-8 Make 1/2 turn to Right stepping forward Right, 1/4 turn to Right stepping Left to Left side.

Bounce, Bounce, Heel Swivel x2, Sailor Step, Sailor 1/4.

- &1&2 Lift both heels as knees pop forward, heels down, lift both heels as knees pop forward, heels down.
- &3&4 Swivel Right heel in, Right heel out, swivel Left heel in, Left heel out.
- 5&6 Cross step Right behind Left, step Left to Left side, step Right to Right side.
- 7&8 Cross step Left behind Right, make 1/4 turn to Left Right next to Left, step forward Left.

Kick & Slide, 1/4 Turn, Together. Rock Step, Back, Touch.

- 1&2 Kick Right forward, step Right next to Left, slide Left toe back. (Rt knee bends & body dips forward)
- 3-4 Make 1/4 turn to Left taking weight on Left, step Right next to Left.
- 5-6 Rock forward on Left, recover on Right.
- 7-8 Step back on Left, touch Right next to Left. (touching flat sole)

Side, Behind, 1/4, Side, 1/4 Hinge, Cross, Side, Cross.

- 1-2 Step Right to Right side, cross step Left behind Right.
- 3-4 Make 1/4 turn to Right stepping forward Right, step Left to Left side.
- 5-6 Make 1/4 turn to Right stepping Right to Right side, cross step Left over Right.
- 7-8 Step Right to Right side, cross step Left over Right.

Brush, Step, Brush, Step, 1/2, 1/2, 1/2, Step.

- 1-2 Brush Right foot forward & across Left, step forward on Right. (slightly across.. not tight)
- 3-4 Brush Left foot forward & across Right, step forward on Left. (slightly across.. not tight)
- 5-6 Pivot 1/2 turn to Right, make 1/2 turn to Right stepping back on Left.
- 7-8 Make 1/2 turn to Right stepping forward on Right, step Left next to Right.

Back, Touch, Back, Touch, Back, Back & Walk, Walk.

- 1-2 Turning body to face Right diagonal step back on Right (Knees bent & body dipping). Touch Left next to Right as you straighten up to 3:00 wall.
- 3-4 Turning body to face Left diagonal step back on Left (Knees bent & body dipping). Touch Right next to Left as you straighten up to 3:00 wall.
- 5-6 Step back on Right turning to Right diagonal, step back on Left turning to Left diagonal.
- &7-8 Step Right next to Left, Walk forward Left-Right to 3:00 wall.

Rock, Step, Back, Rock, Step, Step, Step, 1/2 Pivot.

- 1-3 Rock forward on Left, recover on Right, step back on Left.
- 4-6 Rock back on Right, recover on Left, step forward on Right.
- 7-8 Step forward on Left, pivot 1/2 turn to Right.

Side Rock Step & Rock Step, Sailor 3/4 Turn, Rock Step.

- 1-2 Rock to Left side on Left, recover on Right.
- &3-4 Step Left next to Right, rock to Right side on Right, recover on Left.
- 5&6 Make 1/4 turn Right as you cross step Right behind Left, 1/4 turn Right stepping Left next to Right, 1/4 turn Right stepping forward on Right.
- 7-8 Rock forward on Left, recover on Right.
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