

Spinning To The Sound

COPPER KNOB
BY STEPHEN METELNICK

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - May 2009
音樂: I'm Just Here For the Music - Paula Abdul



Start after 24 count intro on vocal

(1-8) R Diagonal Kick, R Cross Step, L Back, R Ball Cross, R Side Rock/Recover, R Cross Step, Unwind Full Turn L

1-2 Kick R out on right diagonal, cross step R over L
3&4 Step L back, step R back, cross step L over R
5-6 Rock R out to side, recover weight on L
7-8 Cross R over L, unwind full turn left with weight ending on L

(9-16) R & L Apart, R Knee Pop, R Back, L Heel Fwd, L Back, R Fwd, L Wd, ½ R Pivot Turn, L Fwd Shuffle

&1-2 Step R apart, step L apart, turn R knee in (weight remains on L)
&3 Step R back, touch L heel forward
&4 Step L back, step R forward
5-6 Step L forward, pivot ½ right (6 o'clock)
7&8 Step L forward, step R together, step L forward

Turning option for 7&8: step travelling forward turning ½ right step L back, turning ½ right step R forward, step L forward

RESTART: DURING 4th wall which starts facing 3 o'clock dance counts 1-16 which takes you to 9 o'clock and begin the dance again.

(17-24) R Fwd, L Touch Together, L Back, R Heel Fwd, R Together, L Side, L Ball Cross & Unwind ¾ L, L Cross Shuffle

1-2 Step R forward, touch L together
&3 Step L back, touch R heel forward
&4 Step R together, touch L to side
&5-6 Step L back, cross step R over L, unwind ¾ left with ending on R (9 o'clock)
7&8 Cross step L over R, step R side, cross step L over R

(25-33) R Side, Hold, L Together, R Side, L & R Sailor Steps, L Behind, R Side, L Together & R Kick Out (First Step Of Next Wall)**

1-2& Step R side, hold, step L together
TAG: DURING 9th which starts facing 9 o'clock dance counts 1-26& and then modify counts 27-28 to: step R side, step L in place - and then restart the dance from the beginning facing 6 o'clock.
3 Step R side
4&5 Cross step L behind R, step R side, step L side
6&7 Cross step R behind L, step L side, step R side
8& Cross step L behind R, step R side
1 Step L together as you kick R out to R diagonal (**this is the first step of the next wall)

Note: The dance rotates counter-clockwise. Because of the restart during wall 4 this is the order of the walls you will be dancing to: Front, L side, back, R side (1st 16 & restart), L side, back, R side, front, L side (2 count tag after 26 counts & restart), back,, R side and you will END facing front at the end of the song.

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