Kalimera

拍數: 64

牆數: 2

音樂: Good Morning Baby - Hadise : (CD: Hadise - Düm Tek Tek, 2009)

編舞者: Rep Ghazali (SCO) - April 2009

級數: Intermediate



32 count intro from heavy beat starts on main vocal (42 sec) (1-8) LEFT SIDE-TOG, SIDE CHASSE, CROSS ROCK-RECOVER, 1/4 TURN RIGHT CHASSE 1-2 step Left to Left side, step Right together 3&4 step Left to Left side, step Right together, step Left to Left side 5-6 cross rock Right over Left, recover on Left 7&8 step Right to Right, step Left together, ¼ turn Right by stepping forward Right (3) (9-16) SWEEP-CROSS, STEP BACK-1/2 TURN, 1/2 TURN-HOLD, 1/4 TURN-SLIDE 1-2 sweep Left from back to front, cross Left over Right 3-4 step back back Right, ½ turn Left by stepping forward Left (9) 5-6 ½ turn Left by stepping back Right, hold (3) 7-8 1/4 turn Left by taking big step Left to Left side, slide Right towards Left and touch together (12)(17-24) SIDE-TOG, SHUFFLE BACK, STEP BACK-1/2 TURN, SHUFFLE FORWARD step Right to Right side, step Left together 3&4 step back Right, step Left together, step back Right 5-6 step back Left, ½ turn Right by stepping forward on Right (6) 7&8 step forward Left, step Right together, step forward Left (6) (25-32) SWEEP ½ TURN-TOG, ROCK BACK-RECOVER, STEP-LOCK, LEFT LOCK STEP 1-2 sweep on Right around making ½ turn Left, step Right together (12) 3-4 rock back Left, recover on Right 5-6 step forward Left, lock Right behind Left 7&8 step forward Left, lock Right behind Left, step forward Left (12) (33-40) ROCK FORWARD-RECOVER, ½ TURN-HOLD, CROSS ROCK-RECOVER, ¾ TURN 1-2 rock forward Right, recover on Left 3-4 ½ turn Right by stepping forward Right, draging Left toward Right (6) 5-6 cross rock Left over Right, recover on Right 7-8 1/4 turn Left by stepping forward Left, 1/2 turn Left by stepping back on Right (9) (41-48) ¼ TURN ROCK BACK-RECOVER, ½ TURN-HOLD, ¼ TURN ROCK BACK, ½ TURN-HOLD 1-2 1/4 turn Left by rocking back on Left, recover on Right (6) 3-4 ½ turn Right by stepping back on Left, hold (12) 5-6 1/4 turn Right by rocking back on Right, recover on Left (3) 7-8 ½ turn Left by stepping back on Right, hold (9) (Restart 2nd wall, turn ¼ turn Left by stepping on Left to Left side to restart from front wall) (49-56) BEHIND-SIDE, CROSS-SWEEP, CROSS-SIDE, CROSS SHUFFLE 1-2 sweep and step step Left behind Right, step Right to Right side 3-4 cross Left over Right, sweep Right from back to front 5-6 cross Right over Left, step Left to Left side 7&8 cross Right over Left, step Left to Left side, cross Right over Left (9) (57-64) ½ TURN-TOG, SHUFFLE FORWARD, ¾ TURN, CROSS SHUFFLE 1-2 ½ turn Right by stepping back on Left, step Right together (3)

3&4	step forward Left, step Right together, step forward Left
5-6	½ turn Left by stepping back Right, ¼ turn Left by stepping Left to Left side
7&8	cross Right over Left, step Left to Left side, cross Right over Left (6)

Restart:

2nd wall dance up to count 48, then make 1/4 turn Left by stepping Left to Left side to restart from front wall

Optional Ending:

Last wall, 8th wall will start from back wall, dance section one up to count 6 then add triple ½ turn Right by stepping Right-Left-Right to face the front.