

Over The Hill

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Terry Cullingham (UK) - June 2009
音樂: Over the Hill - Alessi's Ark : (Album: Notes from the Treehouse)



16 count intro. 32 count tag at the end of walls 1, 2 and 3.

Section 1: Back, Back, ¼ Turn Chasse R, Step, Pivot ½ Turn, Shuffle ½ Turn.

- 1 – 2 Walk back R, L.
- 3 & 4 ¼ turn R stepping R to R side. Close L beside R. Step R to R side.
- 5 – 6 Step L forward. Pivot ½ Turn R.
- 7 & 8 ½ turn R stepping L back. Close R beside L. Step L back. (3 o'clock)

Section 2: Back Rock, Step, Point, Jazz Box ¼ Turn, Touch.

- 1 – 2 Rock back on R. Recover on L.
- 3 – 4 Step R forward. Point L to L side.
- 5 – 6 Cross L over R. Step R back.
- 7 – 8 ¼ turn L stepping L to L side. Touch R beside L. (12 o'clock)

Section 3: Side, Touch, Chasse L, Back Rock, ½ Turn, Point.

- 1 – 2 Step R to R side. Touch L beside R.
- 3 & 4 Step L to L side. Close R beside L. Step L to L side.
- 5 – 6 Rock back on R. Recover on L.
- 7 – 8 ½ turn L stepping R back. Point L to L side. (6 o'clock)

Section 4: Cross, Unwind Full Turn, Side, Slide, ½ Turn, Back, Back, ½ Turn, Step, Step.

- 1 – 2 Cross L over R. Unwind full turn R.
- 3 – 4 Step L long step to L side. Slide R beside L (keep weight on L).
- 5 – 6 ½ turn L stepping R back. Step L back.
- 7 – 8 ½ turn R stepping R forward. Step L forward. (6 o'clock)

Section 5: Diagonally Back, Touch, Diagonally Back, Touch, Step, Touch, Kick Ball Change.

- 1 – 2 Step R back to R diagonal. Touch L beside R.
- 3 – 4 Step L back to L diagonal. Touch R beside L.
- 5 – 6 Step R forward. Touch L beside R.
- 7 & 8 Kick L forward. Step L beside R. Step R in Place.

Section 6: Cross, Side, Sailor Step, Cross, Side, Sailor ¼ Turn.

- 1 – 2 Cross L over R. Step R to R side.
- 3 & 4 Cross L behind R. Step R to R side. Step L in place.
- 5 – 6 Cross R over L. Step L to L side.
- 7 & 8 Cross R behind L. ¼ turn R stepping L beside R. Step R in place. (9 o'clock)

Section 7: ½ Turn, Back, Back Rock, ½ Turn, Back, Back Rock, ¼ Turn x 2.

- 1 – 2 ½ turn R Stepping L back. Rock back on R.
- 3 – 4 Recover on L. ½ turn L stepping R back.
- 5 – 6 Rock back on L. Recover on R.
- 7 – 8 ½ turn R stepping L back. ¼ turn R stepping R to R side. (6 o'clock)

Section 8: Forward Rock, Back, Cross, Side Rock, Together, Side Rock.

- 1 – 2 Rock forward on L. Recover on R.
- 3 – 4 Step L back. Cross R over L.

5 – 6 Rock L to L side. Recover on R.
& 7 – 8 Step L beside R. Rock R to R side. Recover on L.

Tag There is a 32 count tag danced at the end of walls 1, 2 and 3 only.

Section 1: Walk x2, ¼ Turn, Side, Together, ¼ Turn, Step, Step, Pivot ½ Turn, Full Turn.

1 – 2 Walk forward R, L.
3 & 4 ¼ turn L stepping R to R side. Close L beside R. ¼ turn R stepping R forward.
5 – 6 Step L forward. Pivot ½ turn R.
7 – 8 ½ turn R stepping L back. ½ turn R stepping R forward.

Section 2: Jazz Box, Forward Out-Out, Back In-In.

1 – 2 Cross L over R. Step R back.
3 – 4 Step L to L side. Step R forward.
5 – 6 Step L forward to L diagonal. Step R forward to R diagonal.
7 – 8 Step L back to centre. Step R beside L.

Section 3: Walk x2, ¼ Turn, Side, Together, ¼ Turn, Step, Step, Pivot ½ Turn, Full Turn.

1 – 2 Walk forward L, R.
3 & 4 ¼ turn R stepping L to L side. Close R beside L. ¼ turn L stepping L forward.
5 – 6 Step R forward. Pivot ½ turn L.
7 – 8 ½ turn L stepping R back. ½ turn L stepping L forward.

Section 4: Jazz Box, Forward Out-Out, Back In-In.

1 – 2 Cross R over L. Step L back.
3 – 4 Step R to R side. Step L forward.
5 – 6 Step R forward to R diagonal. Step L forward to L diagonal.
7 – 8 Step R back to centre. Step L beside R.

Start Again.
