

# Action

拍數: 32      牆數: 2      級數: Beginner / Improver  
編舞者: Darren Bailey (UK) - June 2009  
音樂: A Little Less Talk and a Lot More Action - Toby Keith



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## Walk back x2, Sailor 1/2 turn L, Step Pivot 1/2 turn L, kick out, out.

- 1-2      Step back on Lf, step back on Rf
- 3&4      Step back on Lf making a 1/4 turn L, step Rf to R side, make a 1/4 L and step forward on Lf
- 5-6      Step forward on Rf, make a 1/2 pivot turn L placing weight onto Lf
- 7&8      Kick Rf forward, step Rf next to Lf, step Lf to L side

## Hitch and stomp, Heel bounces and clicks x3, hip sways x4

- &1      Hitch R knee across L knee, Stomp Rf to R side
- 2-4      Bounce R heel whilst clicking fingers of R hand x3
- 5-6      Sway hips over to R, sway hips over to L
- 7-8      Sway hips over to R, sway hips over to L

(counts 5-8 are just a guide line, do what you feel)

## Behind, Side, Cross shuffle, side rock, recover, cross shuffle

- 1-2      Cross Rf behind Lf, step Lf to L side
- 3&4      Cross Rf over Lf, step Lf to L side, cross Rf over Lf
- 5-6      Rock Lf to L side, recover onto Rf
- 7-8      Cross Lf over Rf, step Rf to R side, cross Lf over Rf

## 1/4 turn R, side touches and crosses x2, Jazz box with a 1/4 turn R, kick L

- 1-2      Make a 1/4 turn R and step forward on Rf, touch L toe to L side
- 3-4      Cross Lf over Rf, touch R toe to R side
- 5-6      Cross Rf over Lf, step back on Lf
- 7-8      Make a 1/4 turn R and step Rf to R side, Kick Lf forward.

Enjoy the dance, and lets see that ACTION.

(Remember the dance starts moving back!!!!)

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