

拍數: 40 牆數: 2 級數: Intermediate NC2S

編舞者: Maggie Gallagher (UK) - June 2009

音樂: Ben - Michael Jackson



Restart:

After 32 counts of wall 3 – facing the back wall – add an extra "&" step to bring right next to left to start the dance again

Intro: 16 counts (14 secs) Start on main vocals

SIDE, ROCK RECOVER, SIDE, ROCK RECOVER, ¼ RIGHT, RIGHT SAILOR ½ TURN CROSS, ¼ RIGHT, BALL CROSS

1,2&	Wide step left to left side dragging right to meet left, Rock back on right, Recover onto left
3,4&	Wide step right to right side dragging left to meet right, Rock back on left, Recover onto right
	[12:00]
5	Make ¼ turn right stepping back on left [3:00]
6&7	Cross right behind left, Make ¼ turn right stepping onto left, Make another ¼ turn right
	stepping right across left [9:00]

&8 Make ½ turn right stepping left to left side, Cross right over left [12.00]

1/4 TURN LEFT, STEP RIGHT, 1/2 PIVOT TURN LEFT, STEP RIGHT, STEP LEFT, TRIPLE FULL TURN, LEFT MAMBO

1	Make ¼ turn left stepping onto left [9:00]
2&3	Step forward on right, Pivot ½ turn left, Step forward on right [3.00]
4	Step forward on left
5&6	Make ½ turn left stepping back on right, Make another ½ turn left stepping forward on left,
	Step forward right [3.00] (easier option: shuffle forward stepping right, left, right)
7&8	Rock forward on left, Recover onto right, Step back on left [3.00]

STEP BACK, RONDE KICK, SYNCOPATED WEAVE RIGHT, SWEEP RIGHT BEHIND SIDE CROSS, PRESS. RECOVER WITH HITCH

1&	Step back on right, Ronde kick left from in front to behind right	
2&3&	Step left behind right, Step right to right side, Step left across right, Step right to right side	
4&	Step left behind right, Sweep right from in front to behind left	
5&6	Step right behind left, Step left to left side, Step right across left [3:00]	
7,8	Press left diagonally forward left (towards 1:30), Recover onto right with a low left hitch pointing toe down	
(still on the diagonal)		

(still on the diagonal)

COASTER ½ TURN RIGHT, RUN X2, ROCK RECOVER X2, ¼ TURN POINT

1&2	Step back on left, Make ½ turn right stepping onto right, Step forward on I	left
(still on the	gonal, towards 7:30)	

3&	Small step forward right, Small step forward left
4,5	Rock forward onto right straightening up to the 6:00 wall, Recover onto left [6:00]

& Make ¼ turn right stepping right beside left [9:00]6,7 Rock forward onto left, Recover onto right [9:00]

&8 Make ¼ turn left stepping left beside right, Point right out to right side [6.00] *

ROCK RECOVER SIDE X2, ROCK RECOVER, STEP % PIVOT, % TURN, TOUCH

1&2	Rock back on right, Recover onto left, Step right to right side
3&4	Rock back on left, Recover onto right, Step left to left side

^{*} Restart here during wall 3. Add an extra "&" step to bring right beside left

Rock back on right, Recover onto left, Step forward on right, Pivot ¾ turn left (weight ends on

left)

7,8 Make a ¼ turn left stepping right to right side, Touch left beside right [6.00]

Choreographer's Note:

The music starts to slow at approx 2 mins 20 secs. The dance slows with the music.

Ending:

The song will finish during wall 5. Dance as far as count "2&" of section 2 then make a ¼ turn left to face the front, stepping right to right side.

My Thanks to Mike & Brenda for preparing the sheet.