拍數： 32
㛶數： 4
級數：Intermediate／Advanced
編舞者：Maurice Rowe（USA）－June 2009
音樂：Mad World－Adam Lambert

Intro： 16 counts，Weight on Left foot
Side，Rock，Recover，Side，Rock，Recover，Quarter，Full Turn，Step
1，2\＆3 Step R to right side while dragging L toward R，Rock L behind R，Recover forward on R，Step $L$ to left side while dragging $R$ toward $L$
4\＆5 Step R behind L，Recover forward on L，Make $1 / 4$ turn right stepping forward on R
6\＆7 Make 1／2 turn right stepping back on L，Make 1／2 turn right stepping forward R，Step forward on L（3：00）
$1 / 2$ turn，Sweep，Sweep，Behind，Quarter，Full turn，Step，1／2 turn，Step
\＆\＆1 $1 \quad$ Make $1 / 2$ turn right stepping forward on R，Make 1／4 turn right stepping $L$ to left side，while stepping back on $R$ sweep $L$ behind $R$ ，Step $L$ behind $R$ while sweeping $R$ behind $L$（12：00）
2，3 Step $R$ behind $L$ ，Make $1 / 4$ turn left stepping forward on $L$
4\＆5 Make 1／2 turn left stepping back on R，Make 1／2 turn left stepping forward on L，Step forward on R
6，7 Make 1／2 turn left stepping forward on L，Step forward on R（3：00）
Half，Half， $1 / 4$ side，Behind，Quarter，Step，Half，Half，Back，Coaster Step
8\＆1 Make $1 / 2$ turn right stepping back on L，Make $1 / 2$ right stepping forward on R，Make $1 / 4$ turn right stepping $L$ to left side dragging $R$ towards $L$
2\＆3 Step $R$ behind $L$ ，Make $1 / 4$ turn left stepping forward on $L$ ，Step forward on $R$
4\＆5 Make $1 / 2$ turn left stepping forward on $L$ ，Make $1 / 2$ turn left stepping back on R，Step back on L
6\＆7 Step back on R，Step L next to R，Step forward on R（3：00）
1／2 Attitude Turn，Cross，Quarter，Half，Quarter，3／4 Runaround，1／4 Hitch，Cross Rock，Recover
8，1 Make $1 / 2$ attitude turn right hitching left knee spinning on ball of right foot，Cross $L$ over $R$ （9：00）
$2 \& 3$ Make $1 / 4$ turn left stepping back on $R$ ，Make $1 / 2$ turn left stepping forward $L$ ，Make $1 / 4$ left stepping R to right side
4\＆5 Make 1／4 turn left stepping forward on L，Step forward on R，Make 1／4 turn left stepping forward on L
\＆67 Step forward on R，Make 1／4 turn left stepping forward on $L$（12：00），Make 1／4 turn left hitching $R$ spinning on ball of $L$ foot
8\＆Cross rock $R$ over $L$ ，Recover weight back on $L$（9：00）
REPEAT
Tag／Restart：DURING 4th wall do the FIRST 13 counts of the dance．Then make $1 / 4$ turn right hitching left knee while spinning on ball of right foot．Then cross left over right placing weight on left．Then restart the dance from the top．

