

Hindsight

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Willie Brown (SCO) - July 2009
音樂: How Do You Sleep? - Jesse McCartney : (Album: Departure)



Intro; On vocals – 32 counts (approx 19 secs)

[] Brackets indicate which wall you should be facing (first wall only)

SECTION 1: SIDE, BEHIND-SIDE-CROSS, SCISSOR STEP, FULL REVERSE TURN

- 1 Step Right to Right side
- 2&3 Cross Left behind Right, step right to Right side, cross Left over Right
- 4&5 Step Right side, close Left beside Right, cross Right over Left
- 6,7,8 Turn ¼ Right and step back on left, turn ½ Right and step forward on Right, turn ¼ Right and step Left to Left side [12]

SECTION 2: BEHIND-SIDE-KICK-&-SCUFF-HITCH-CROSS, TOE-&-TOE-&-KNEE POP, KICK

- 1&2& Cross Right behind Left, step Left to Left side, kick Right forward, step down on Right
- 3&4 Scuff Left forward, hitch left, cross Left over Right
- 5&6& Point Right toe to Right side, close Right beside Left, point Left toe to Left side, close Left beside Right
- 7&8 Point Right toe to Right side, turn Right knee in towards Left, turn Right knee out to Right and at same time kick Left to Left

SECTION 3: BEHIND-SIDE-CROSS, SIDE, SAILOR ½ TURN, KICK-&-BUMP-&-BUMP

- 1&2 Cross Left behind Right, step right to Right side, cross Left over Right
- 3 Step Right to Right side
- 4&5 Turn ¼ Left and cross Left behind Right, step right to Right side, turn ¼ Left and step forward on Left [6]
- 6&7 Kick Right forward, step slightly back on Right, step slightly forward on Left and bump hips forward
- &8 Bump hips back whilst bending knees slightly, bump hips forward slightly lower

SECTION 4: &BUMP, COASTER, LOCK STEP, MAMBO, MAMBO ½ TURN, (& ¼)

- &1& Bump hips back straightening legs slightly, bump hips forward, bump hips back
- 2&3 Step back on Left, close Right beside Left, step forward on Left
- &4 Lock Right behind Left, step forward on Left
- 5&6 Rock forward on Right, recover weight back on Left, step Right beside Left
- 7&8 Rock forward on Left, recover weight back on Right, turn ½ Left and step forward on Left [12]
- & Quickly turn ¼ Left to start next wall [9]

START AGAIN.....AND SMILE!!!!

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