Spanish Fly

拍數: 32

級數: Intermediate

編舞者: Debbie McLaughlin (UK) - July 2009

音樂: Spanish Fly - Eric Benét

Count in - After 32 Counts when the beat comes in...

Alternative Music - "Give It To Me Right" By Melanie Fiona (No tag required)

Step, Press, Sweep, Sailor Step, Hold, Ball Step, Kick Back, Cross

- 1-3 Step fwd on R, Press L foot forward, Recover back onto R sweeping L round ¼ turn L
- 4&5-6 Step L behind R, Step R small step to R side, Step L slightly fwd, Hold
- &7 Bring R up to L taking weight on ball of R foot, Step fwd on L
- 8&1 Kick R foot fwd to R diagonal, Step back on R, Lock L over R (taking weight)

Walk, Walk, Mambo Step, Rock and Behind, Side, Cross and Cross

- 2-3 Turn ½ R stepping fwd R, Turn ¼ R stepping fwd L
- 4&5 Rock fwd on R, Recover weight back onto L, Step R foot next to L
- 6&7& Rock L out to L Side, Recover weight back onto R, Cross L behind R, Step R to R side
- 8&1 Cross L over R, Step R to R side, Cross L over R

Sailor Prep, Triple Full Turn, Press, Sweep, Behind, Side

- 2&3 Turn ¼ R stepping back on R, Step fwd on L, Turn ¼ R stepping fwd R (Prep to turn over L shoulder)
- 4&5 Turn ½ L stepping fwd L, Make ½ turn L stepping R next to L, Step L small step fwd
- 6-7 Press R foot fwd, Recover weight back onto L sweeping R around
- 8& Cross R behind L, Step L to L side

Step Turn, Rock, Recover, Back Cross Unwind, Back Back, Step Lock

- 1-2 Step fwd on R, Pivot ³/₄ turn L (taking weight on L)
- 3-4 Rock fwd onto R, Recover weight back onto L
- &5-6 Step back on R, cross L over R, Unwind full turn R (weight ending on L)
- &7-8& Step back on R, Step L next to R (taking weight), Step fwd on R, Lock L behind R

Start Again

TAG: END of Wall 9 (Facing 3 o'clock)

- Step, Press, Sweep, Behind, Side, Walk, Walk, Walk, Back Back
- 1-3 Step fwd on R, Press L foot forward, Recover back onto R sweeping L round
- 4& Cross L behind R, Step R to R side
- 5-7 Make full turn over R shoulder walking L, R, L (end facing 3 o'clock)
- &8 Step back on R, Step L next to R (taking weight)





牆數:4