

# Do The Hoedown

拍數: 0                      牆數: 0                      級數: Phrased Intermediate  
編舞者: Roy Verdonk (NL), Raymond Sarlemijn (NL), Pim van Grootel (NL) & Giovanni Coenmans - July 2009  
音樂: Hoedown Throwdown - Miley Cyrus : (CD: Hannah Montana Movie Soundtrack)



Sequence: 16-count intro, AB A(1-20) BA B(17-64) A B(1-16)  
Start dancing on lyrics

## SECTION A

### DIAGONAL LOCK STEPS TO THE RIGHT WITH ROLLING ARMS

1-2-3&4            Step right diagonally, lock left behind right, step right, lock left behind right, step right forward  
5-6-7&8            Repeat to left

### WALK 4 COUNTS FULL TURN, STEP RIGHT, CLOSE LEFT, CLAP X3

1-4                Walk right, left, right, left making a full turn  
5-6-7&8            Step right, close left, clap, clap, clap

### STOMP RIGHT, LEFT, SLAP HANDS ON THIGHS, STEP ON RIGHT, SLAP LEFT LEG AGAINST RIGHT HAND, STOMP LEFT, CLAP, REPEAT ON LEFT

1&2                Stomp right to side, stomp left to side, slap hands on thighs  
3&4&               Stomp right, slap right hand on left behind, stomp left, clap  
5&6                Stomp right to side, stomp left to side, slap hands on thighs  
7&8&               Stomp left, slap left hand on right behind, stomp right, clap

### WALK 6 COUNTS FULL TURN, TOGETHER, CLAP TWICE

1-6                Walk left, right, left, right, left, right  
7                    Close left together  
&8                  Clap, clap

## SECTION B

### RIGHT DIAGONAL LOCK STEP, REPEAT TO LEFT

1-2-3&4            Step right diagonally to right, lock left behind right, step right forward, lock left behind right, step right forward

### Put your right wrist to your forehead, the left arm stretched out back

5-6-7&8            Step left diagonally to left, lock right behind left, step left forward, lock right behind left, step left forward

### Put your left wrist to your forehead, the right arm stretched out back

### LEFT FULL TURN, CROSS ROCK, RECOVER, FULL TURN TO RIGHT, RIGHT TO SIDE, LEFT DRAG

1-4                Step on right and left making full turn over left shoulder, cross right over left, rock left back  
5-8                Step on right and left making full turn over right shoulder, step right to side, drag left together

### RIGHT KICK, CLOSE, KNEE POINTS, REPEAT ON LEFT, RIGHT MAMBO TO RIGHT SIDE, LEFT MAMBO TO LEFT SIDE

1&2&               Kick right forward, close, bend knees and point them outwards, close  
3&4&               Kick left forward, close, bend knees and point them outwards, close  
5&6-7&8            Step right to side, step on left, close right together, repeat on left

### RIGHT DIAGONAL STEP, DRAG LEFT, REPEAT ON LEFT

1-2                Step right on right side, drag left together

### Make snake movements with right arm

3&4                Keep feet still: left arm stretched out to left, arms down on the and-count, right arm stretched out to right

&56 Hitch left, step left to side, drag right together  
7&8 Keep feet still: push chin upwards with right hand, put arm down on the and-count, cross left arm over chest pointing to right

**HOLD, JUMP OUT WITH BOTH FEET, JUMP INTO CROSS, SLOW UNWIND  $\frac{3}{4}$  TURN DIAGONALLY:  
WALK TWICE, SHUFFLE**

1-2&3-4 Hold, jump out on both feet, jump into cross with right over left, unwind  $\frac{3}{4}$  turn over left shoulder on 2 counts  
5-6-7&8 Walk left, right, shuffle left, right, left

**JAZZ BOX WITH  $\frac{1}{2}$  TURN, WALK RIGHT AND LEFT, WALK RIGHT, STEP LEFT TO SIDE, HOP ON RIGHT TWICE, STEP LEFT TO SIDE**

1-4 Cross right over left, step left back making  $\frac{1}{4}$  turn, step  $\frac{1}{4}$  turn on right, step left forward  
5-6-7&8 Walk right forward, step left to side, hop on right 2 times, step on left

**JAZZ BOX WITH  $\frac{1}{4}$  TURN TO RIGHT, SLIDE, BEND BODY BACK, RECOVER, CLAP X3**

1-4 Cross right over left, step left back making  $\frac{1}{4}$  turn to right, step on right, close left together rolling arms on all 4 counts  
5-6-7& Keep feet still: bend body back, recover, clap x3

**RIGHT PIVOT TURN TWICE, RIGHT JAZZ BOX**

1-4 Pivot turn right, pivot turn left  
5-8 Cross right over left, step left back, step right to side, close left together

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