American Night Out

1-2

3-4



拍數: 64 牆數: 4 級數: Improver 編舞者: Sadiah Heggernes (NOR/UK) - July 2007 音樂: American Saturday Night - Brad Paisley: (CD: American Saturday Night) 32 COUNT INTRO - START WHEN HEAVY BEAT KICKS IN Section 1: Sailor, Hold, Step, ½ Pivot, Hold with finger clicks Cross right behind left. Step left to side. 1 -2 3-4 Step right in place. Hold 5 -6 Step forward on left. Pivot ½ turn right 6:00 7 -8 Step forward on left. Hold (click fingers) Section 2: Toe Struts (travelling into ½ turn) 1 - 2 Touch right toes forward. Step down on right heel 3 - 4 1/4 turn left touching left toes forward. Step down on left heel 3:00 5 - 6 Touch right toes forward. Step down on right heel 7 - 8 1/4 turn left touching left toes forward. Step down on left heel 12:00 Section 3: Touch, Hitch, Step, Touch, Step, Heel Touch & Clap x 2 1-2 Touch right to side. Hitch right knee beside left 3-4 Step forward on right. Touch left slightly behind right 5-6 Step back on left. Touch right heel slightly forward & clap 7-8 Step right beside left. Touch left heel slightly forward & Clap Section 4: Monterey 1/4 Turn, Hold, Kick, Kick, Back, Hook Point left to side. Make 1/4 turn left on ball of right. Step left beside right 9:00 1-2 3-4 Point right to side. Hold 5-6 Kick right forward twice 7-8 Step back on right. Hook left across right Section 5: Step, Lock, Step, Hold, Paddle 1/4 Turn x 2 1-2 Step forward on left. Lock right behind left 3-4 Step forward on left. Hold 5-6 Touch right forward. ¼ turn left 6:00 7-8 Touch right forward. ¼ turn left 3:00 Section 6: Rock 1/4 Turn, Side, Weave 1-2 Rock forward on right. Rock back onto left 3-4 1/4 turn right step right to side. 6:00 5-6 Cross left behind right. Step right to side 7-8 Cross left over right. Step right to side Section 7: Sailor 1/4 Turn, Step, Pivot, Step, Hold with finger clicks Cross left behind right. ¼ turn left step right to side. 3:00 1-2 3-4 Step left in place. Hold 5-6 Step forward on right. Pivot ½ turn left 9:00 7-8 Step forward on right. Hold (click fingers) Section 8: Forward Mambo, Hold, Coaster, Side

Rock forward on left. Rock back onto left

Step left beside right. Hold

5-6 Step back on right. Step left beside right7-8 Step forward on right. Step left to side.

Tag/Restart Wall 2 (6:00) At this point dance 8 count Tag then restart dance from beginning

Tag: Cross Rock, Side, Hold x 2

1-2 Cross rock right over left. Recover weight onto left.

3-4 Step right to side. Hold

5-6 Cross rock left over right. Recover weight onto right

7-8 Step left to side. Hold

Choreograher's Note: The track fades out a bit toward the end – Just keep dancing & the beat will kick in again!