

Pocket Two Step

拍數: 32 牆數: 4 級數: Improver
編舞者: David Spencer (UK) - July 2009
音樂: Too Many Pockets - Daryl Worley : (CDs "Hard Rain Don't Last" or "Have You Forgotten")



16 count intro - Start on vocals

R Rumba Box, L Rumba Box. R Mambo 1/2 Turn Right, 1/2 Turn R Step Back.

- 1 & 2 Step R to R side. Close L next to R. Step forward on R.
- 3 & 4 Step L to L side. Close R next to L. Step forward on L.
- 5 & 6 Rock forward on R. Recover back on L. Turn 1/2 turn R stepping forward on R.
- 7 – 8 Turn 1/2 turn R stepping back on L. Step back on R. [12.00]

L Coaster Cross, Chasse 1/4 Turn R, Step Pivot 3/4 R, L Side Shuffle.

- 1 & 2 Step back on L. Close R next to L. Cross L over R.
- 3 & 4 Step R to R side. Close L next to R. Turn 1/4 turn R stepping forward on R.
- 5 – 6 Step forward on L. Pivot 3/4 turn R (weight on R) .
- 7 & 8 Step L to L side. Close R next to L. Step L to L side. [12.00]

R Toe Touch & Kick, R Coaster, L Toe Touch & Sweep, L Sailor 1/4 Turn L.

- 1 – 2 Touch R toe in front of L. Kick R foot forward.
- 3 & 4 Step back on R. Close L next to R. Step forward on R.
- 5 – 6 Touch L toe in front of R. With toe still touching floor sweep L toe to L side.
- 7 & 8 Cross L behind R. Step onto R making 1/4 turn L. Step L to L side. [9.00]

R & L Crossing Twinkles. Cross Rock 1/4 Turn R. 1/4 Turn R Drag & Touch.

- 1 & 2 Cross R over L. Step L to L side. Close R next to L. (angling body to R diag)
- 3 & 4 Cross L over R. Step R to R side. Close L next to R. (angling body to L diag)
- 5 & 6 Cross rock R over L. Recover back on L. Make 1/4 turn R stepping forward on R.
- 7 Make 1/4 turn R stepping L a long step to L.
- 8 Drag R towards L ending with R toe touch next to L (or stomp R lifting foot slightly ready to start again). [3.00]

RESTART: When using "Fourteen Carat Mind" a restart is required during wall 4 after 16 counts (the L Side Shuffle), start dance again from beginning.

No restart required if using "Too Many Pockets".

Alternative music suggestion – "Fourteen Carat Mind" by Gene Watson from the CDs "A Way To Survive", "At His Best" or "Fourteen Carat Mind" 95 BPM 16 count intro