Ain't Worth Missing

拍數: 32   **牆數:** 4   **級數:** Improver

編舞者: Pete Harkness (UK) - August 2009

音樂: He Ain't Worth Missing - Toby Keith

32 count intro

Side, Rock, Recover, Shuffle, Rock, Recover, Shuffle ½ Turn

1-3	Step left to side, rock right back, recover to left
4&5-7	Shuffle forward right, left, right, rock left forward, recover to right
8&1	Turn ½ left shuffling left, right, left (6:00)

Step, ¼ Turn, Cross Shuffle, ¼ Turn, ½ Turn, Step, ¼ Turn

2-4&5	Step right forward, turn ¼ left (weight to left), cross right over left, step left to side, cross right over left
6-1	Turn ¼ right and step left back, turn ½ right and step right forward, step left forward, turn ¼ right (weight to right)

Cross Shuffle, ¼ Turn, ½ Turn, Step, ¼ Turn

2&3-4	Cross left over right, step right to side, cross left over right, turn ¼ left and step right back
5-7	Turn ½ left and step left forward, step right forward, turn ¼ left (weight to left)
8&1	Cross right over left, step left to side, cross right over left (3:00)

Rock, Recover, Sailor Step, Sailor ½ Turn, Side, Together

2-4&5	Rock left to side, recover to right, cross left behind right, step right to side, step left in place
6&7	Turn ½ right as you sailor step right, left, right (now facing 9:00)
8&	Step left to side, step right together

Repeat