Best Wishes



編舞者: Juliet Lam (USA) - September 2009

音樂: (I Wish I Knew How It Would Feel to Be) Free / One - Lighthouse Family



Start dancing on Lyrics

Dedicated to my dear friend, Alice Yu who has recently sustained injuries

Section 1: Cross Rock, Recover, Chasse Left, Cross Rock, Recover, Chasse 1/4 Right

1 – 2 Cross rock left over right, recover on right

3&4 Step left to left side, step right next to left, step left to left side

5 – 6 Cross rock right over left, recover on left

7&8 Step right to right side, step left next to right, ¼ right stepping forward on right (3:00)

Section 2: Pivot ½ Turn Right, Triple ½ Turn Right, Rock Back, Recover, Kick Ball Point

1 – 2 Step forward on left, pivot ½ turn right (9:00) 3&4 Triple ½ turn right stepping left, right, left (3:00)

5 – 6 Rock back on right, recover on left

7&8 Kick right forward, step ball of right beside left, point left toe to left side

Section 3: Cross, Side, Behind, Point, 1/2 Monterey Turn, Cross Rock, Recover

1 – 4 Cross left over right, step right to right side, step left behind right, point right to right side

5 – 6 Make ½ turn over right stepping right in place, point left to left (9:00)

7 – 8 Cross rock left over right, recover on right

Section 4: Step, Touch, Step, Touch, Sway L, R, L, R

1 - 2
3 - 4
Step left to left side, touch right beside left
3 - 4
Step right to right side, touch left beside right

5 – 8 Step left to left as you sway left, right, left, right (weight on right)

Repeat & Enjoy