

Hush That Fuss

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 0 級數: Phrased Intermediate / Advanced
編舞者: Guyton Mundy (USA) & Jordan Lloyd (UK) - September 2009
音樂: Rosa Parks - Outkast



Pattern of dance. A B A B first 32 counts of B A C A B A A A

A pattern

(&1-8) ball step, cross, ball step rock, recover, 1/2 turn X2, walk back X3

- &1-2 Step back diagonally to right on ball of right foot, step left next to right, cross right over left
- &3-4 Step back diagonally to left on ball of left foot, step right next to left, rock forward on left
- 5-6 Recover on right, make 1/2 turn over left stepping forward on left
- 7&8 Make 1/2 turn over left while you high step back right, left, right

(9-16) step touch X2, triple step, 1/4 turn side step, hook behind, unwind 3/4

- 1-2 Take a big side step to left, touch right next to left
- 3-4 Take a big side step to right, touch left next to right
- 5&6 Make 1/4 turn left as you cross left over right, step right to right side, cross left over right
- &7 Step right to right side, hook left behind right
- 8 Unwind 3/4 turn weight ending on left foot

(17-32) Repeat counts 1-16 with count 32 ending on right foot

B Pattern

(1-8) 1/4 cross and cross, rock, heel pop, press off, 1/4 turn together, knee pops, side step together

- 1&2 Make 1/4 turn to left crossing left over right, step right to right side, cross left over right
- 3&4 Make 1/4 turn right stepping forward on right foot, pop right heel up, press off ball of right foot while staring 1/4 turn right
- 5&6 Step right next to left finishing 1/4 turn, pop knees out, return to neutral
- 7-8 Take big side step to left, touch right next to left

(9-16) kick, step, lock step, X3 with full turn, hop, hop

- 1&2& Kick right foot forward, step down on right, lock left behind, step forward on right as you make 1/3 turn left
 - 3&4& Kick left foot forward, step down on left, lock right behind, step forward on left as you make 1/3 turn left
 - 5&6 Kick right foot forward, step down on right, step together with left as you make 1/3 turn left
- (Note: at the end of this pattern, you should have made full turn over left shoulder)**
- 7-8 Hop slightly to left, hop slightly to left

(17-24) walk X2, rock/recover, step back, 3/4 triple with kick back, switch kick X2

- 1&2 Walk back right, left, step back on right kicking left forward
- 3-4 Rock forward on left, recover on right
- 5&6 While making 3/4 turn over left shoulder, step left, right, left (kick right foot back on the last step)
- 7-8 Step back on right while kicking left forward, step down on left while kicking right forward

(25-32) together, knee pops, side step, ankle slap, 1/4, 1/2, 1/4, knee pops

- 1&2 Step together with right, pop knees out, return to neutral
- 3&4 Step left to left side, slap right ankle with right hand, rock right to right side
- 5-6 Recover on left while making 1/4 turn left, make 1/2 turn over left stepping back on right
- 7&8 Make 1/4 turn left stepping left to left side, on balls of both feet pop both knees in, return to neutral

(33-40) arch with hands up, recover, triple, triple full, step, heel swivel

- 1-2 With arms out to either side bent at elbow and palms forward arch body to left, recover to neutral
- 3&4 Walk forward left, right, left
- 5&6 Make full turn over left shoulder stepping right, left, right
- 7&8 Step forward on left, swivel both heels to left, bring heels back to center

(&41-48) hitch, rock/recover, 1/4 turn cross and cross, kick step lock step with 1/4, cross and cross

- &1-2 Hitch left knee up, rock forward on left, make 1/4 turn right recovering on right
- 3&4 Cross left over right, step right to right side, cross left over right
- 5&6& Kick right forward, step down on right, lock left behind, make 1/4 turn left stepping forward on left
- 7&8 Cross left over right, step right to right side, cross left over right

C Pattern

This pattern is all hand claps and steps

(1-8) step, clap, knee slap, clap, knee slap, clap, leg slap, elbow, clap, elbow, slap, slap, slap

- 1&2&3&4 Step forward on right, clap, hitch left knee up and slap it with right hand, clap while stepping down on left, hitch up right knee and slap in with left hand, clap while stepping back and down on right, slap right leg with right hand
- 5&6 Slap right elbow with left hand, clap, slap right elbow with left hand
- 7&8 Slap left leg with right hand, slap left leg with left hand, slap right leg with right hand

(9-16) step clap, half turn, clap, half turn, clap, together clap, clap, back w clap, ankle slap X2, together, Clap, clap

- 1&2&3&4 Step forward on left, clap, make 1/2 turn over left shoulder stepping back on right, clap, make 1/2 turn over left stepping forward on left, step together with right while clapping twice
- 5&6 Step back on left while clapping, slap right ankle with right hand, step back on right while clapping
- &7 Slap left ankle with left hand, step left together
- &8 Clap, clap

(17-32) repeat counts 1-16

(33-40) step, clap X2, hold, clap with stomp X2, walk with claps X4

- 1&2& Step forward on right, clap, step forward on left, clap
- 3&4 Hold, stomp twice forward on right foot as you clap twice
- 5-6-7-8 Walk forward on right with clap, walk forward on left with clap, walk forward on right with clap, walk forward on left with clap

(41-48) step clap slap X2, full turn walk with clap back to right

- 1&2 Step forward on left, clap, slap left leg with right hand
- 3&4 Step forward on right, clap, slap right leg with left hand (shift weight to left foot)
- 5-6-7-8 Make 1/2 turn right stepping forward on right with clap, make 1/2 turn right stepping back on left with clap, step back on right with clap, step together with left with clap
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