SHE'S Lost in Mexico

級數: Improver

編舞者: Louise Elfvengren (NOR) - October 2009

音樂: She Always Talked About Mexico - David Ball

Dance starts 2 counts before he starts singing.

FW WALKS X 2, SIDE, TOG. CROSS, BW WALKS X 2, SIDE TOG. CROSS

1-2 Walk forward right and left.

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- 3&4 Step right to the side, step left next to right and cross right over left.
- 5-6 Walk backward left and right.
- 7&8 Step left to the side, step right next to left and cross left over right.

MAMBO ROCK 1/2 TURN, SHUFFLE FW, MAMBO ROCK 1/4 TURN, STEP TURN 1/2

- 1&2 Rock forward right, recover onto left, turn 1/2 right stepping forward on right.
- 3&4 Step left forward, close right beside left, step left forward.
- 5&6 Rock forward right, recover onto left, turn, 1/4 right stepping forward on right.
- 7-8 Step forward on left, turn 1/2 stepping forward on right foot.

FW WALKS x 2, CHASSE, ROCK REC. CHASSE

- 1-2 Walk forward, left and right.
- 3&4 Step left to left, step right next to left, step left to left.
- 5-6 Rock right forward, recover onto left.
- 7&8 Step right to right, step left next to right, step right to right.

STEP TURN, MAMBO ROCK FW, PADDLE 2x1/4 LEFT

- 1-2 Step forward on left, turn 1/2 right stepping forward on right.
- 3&4 Rock forward on left, recover onto right, step down on left.
- 5-6 Step forward on right, paddle 1/4 left (weight on left foot).
- 7-8 Step forward on right, paddle 1/4 left (weight on left foot).

Start again!





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