

Booty Music

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jo Thompson Szymanski (USA), Jackie Miranda (USA) & Judy McDonald (CAN)
- October 2009
音樂: Booty Music - Git Fresh : (single)



Winning Dance - 2009 Windy City Line Dance Mania, Professional Choreography Competition

(1&2&3 4) KICK, OUT, OUT, BUMP, BUMP & FLICK, STEP & DRAG

Kick R forward (1), step R to R side (&), step L to L side bumping hip L (2), bump hips R, (&), bump hips L, flick R foot up behind L ankle (3), large step R to right side dragging left toe (4)

(5&6 7 8) TRIPLE STEP, STEP, ¼ TURN & HITCH

Step L behind (5), step R to R side (&), step L across front of R (6), step R to R side bending knees (7), turn ¼ L lifting L knee pushing hips back & straighten R leg (8)

(1 2 3&4) STEP, ¼ TURN, BUMP R TWICE

Step L forward (1), turn ¼ turn L, step R to R side...now facing 6 o'clock (2), bump hips R twice (3&4)

(5 6 7 8) SIDE, TOUCH, SIDE, TOUCH (BODY ROLLS)

Step L to L side (5), touch R together (6), step R to R side (7), touch L together (8)...body roll left & right as an option

(1 2 3 4) SIDE, HITCH TURN, LUNGE, TOUCH

Step L to L side bending knees (1), lift R knee turning ½ R on L foot (2) step R to R side with body facing R diagonal bending R knee in a lunge (3), touch together with L straightening R leg facing L diagonal (4)

(5 6&7 8) STOMP, HOLD, AND STOMP, SCUFF

Stomp L to 9 o'clock wall (5), hold (6), step R together (&), stomp L to 9 o'clock wall (7), scuff R heel lifting knee...facing 11 o'clock (8)

(1&2&3&4&) SHOULDERS SIDE TO SIDE

Body will remain facing diagonal for this section: Step R to R side and bump shoulders side to side R, L four times – you will feel your ribs moving side to side too (1&2&3&4&) knees straight on 1, bend on 2, straight on 3, bend on 4...as an option you can bump shoulders slowly R, L, R, L for counts 1,2,3,4

(5 6 7 8) TOUCH BACK, TURN, TOUCH BACK, ½ TURN

Touch R toe back (5), rotate R on ball of L to face the 3:00 wall – this is slightly less than ½ turn (6), touch R toe back (7), rotate ½ turn R on ball of L to face new wall (8)...now facing 9 o'clock

Start again. Enjoy, eh?

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