Hands To Heaven

拍數: 32

級數: Phrased Intermediate

編舞者: Derek Allen (UK) - October 2009

音樂: Hands to Heaven - Breathe

Intro: 16 Counts Intro: 2 Counts ahead of start of vocals

Part A

Chasse 1/4 Turn R, Rock & Cross ¼ Turn R, ½ Turn L, ¾ Turn R	
1&2	Chasse to side turning ¼ R and step R, L, R
3&4	Rock forward on L, ¼ turn R step R to side, step L over R
4&5	Turn ¼ L stepping back on R, turn ¼ L to side, cross R over L
7&8	Turn ¼ R stepping back on L, turn 1/2 R stepping R forward, step L forward (9:00)
Notes on equipt 9 place quiper D out to side	

Note: on count 8 also sweep R out to side

1/4 Turn R, Weave, R Rock & Cross, 1/2 Turn R

- 1&2 End sweep R over L, step back onto L, turn ¼ R stepping R to side
- 3&4 Weave L behind R, R to side, L over R
- 5&6 Rock R to side, recover weight on L, cross R over L
- 7&8 Turn ¼ R stepping back on L, turn ¼ R to side, cross L over R (6:00)

Part B

Side Rock ¼ Turn L Hook, Shuffle, Full Turn, L Mambo

- 1&2 Rock R to side, Recover weight onto L, Rock R to side and ¼ turn L hooking L over R
 3&4 Shuffle forward L, R, L
- 5&6 ¹/₂ turn L stepping back on R, ¹/₂ turn L stepping forward on L, Step R forward
- 7&8 Rock forward on L, recover weight onto R, step back on L and sweep R out to side

Weave, Rock & Cross, 3/4 Turn, Mambo

- 1&2 Weave R behind L, L to side, R over L
- 3&4 Rock L to side, recover weight onto R, cross L over R
- 5&6 Turn ¼ L stepping back on R, ½ turn L stepping forward on L, step forward on R
- 7&8 Rock forward on L, recover weight on R, step L next to Right (weight on L)

Sequence

A, A, A, B, A, A, A, B, B, A, A, B, B, A through to end of dance.

Part B is always danced with the vocal section beginning 'Tonight I need your sweet caress'.

Good luck and enjoy.





牆數: 2