

Hands On

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner / Low Intermediate
編舞者: Guyton Mundy (USA) - December 2009
音樂: Put Your Hands On Me - Joss Stone



16 Count intro

(1-8) Heel, ball side walks, 1/4 turn step, 1/4 turn scuff, 1/4 turn hitch, 1/4 turn back, coaster

- 1&2 walk right foot to right heel, toe, heel (left foot is hitched slightly)
- 3-4 make a 1/4 turn to the left stepping forward in left, scuff right forward as you make a 1/4 turn to left
- 5-6 make a 1/4 turn to left while hitching right up, make a 1/4 turn to left as you step back on right
- 7&8 step back on left, step together with right, step forward on left

(9-16) hip bumps X2, side rock, recover, cross, side rock, recover, rock

- 1-2 touch right forward as you bump hips to right, step down on right
- 3-4 touch left forward as you bump hips to left, step down on left
- 5&6 rock right to right, recover on left, cross right over left
- 7&8 rock left to left, recover on right, rock forward on left

(17-24) recover, half turn, half turn tripple, step back, coaster, step.

- 1-2 recover on right, make a half turn over left shoulder stepping forward on left
- 3&4 make a 1/4 turn to left stepping right to right, make a 1/4 turn to left stepping back on left step back on right
- 5 step back on left
- 6&7 step back on right, step together with left, step forward on right
- 8 step forward on left

(25-32) kicks X3, touch behind, 1/4 kicks X3 hook behind, 1/2 turn unwind

- 1&2& kick right forward, step together with right, kick left forward, step together with left
- 3& touch right behind left, step together with right
- 4&5& kick left forward, step together with left, kick right forward, step together with right

(while making a 1/4 turn to the left)

- 6-7-8 hook left behind right, unwind a 1/2 turn over left shoulder with weight ending on right...

End of dance....have fun