## J&M Mambo



拍數: 32 牆數: 2 級數: Easy Intermediate

編舞者: Gaye Teather (UK) - January 2010

音樂: Johnny & Marie - Fools Gold: (CD: Some Old Some New - Written as 90 bpm)



#### 16 count intro. Start on vocals

Track available as free download from http://www.brodiecr.freeserve.co.uk/FoolsGold.htm

# Right mambo forward. Left mambo back. Diagonal Mambo. Diagonal lock step 1&2 Rock forward on Right. Recover onto Left. Step back on Right

3&4 Rock lorward of Right. Recover onto Eett. Step back of Right.

Rock back on Left. Recover onto Right. Step forward on Left

5&6 Make one eighth turn Left rocking Right to Right side. Recover onto Left. Cross Right over

Left

#### (Facing Left diagonal)

7&8 Step diagonally back on Left. Cross Right over Left. Step diagonally back on Left (Still facing

Left diagonal)

#### Side. Together. Forward. Quarter turn Right. Together. Forward. Right mambo forward. Coaster Cross

1&2 Straightening up to face 12 o'clock step Right to Right side. Step Left beside Right. Step

forward on Right

3&4 Quarter turn Right stepping Left to Left side. Step Right beside Left. Step forward on Left

(Facing 3 o'clock)

Rock forward on Right. Recover onto Left. Step back on Right
 Step back on Left. Step Right beside Left. Cross Left over Right

#### Touch & bump. Behind. Side. Cross. Touch & bump. Behind. Quarter turn Right. Step

Touch Right toe to Right side bumping hips Right. Left. Right (keeping weight on Left)

3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left

5&6 Touch Left toe to Left side bumping hips Left. Right. Left (keeping weight on Right

7&8 Cross Left behind Right. Quarter turn Right stepping forward on Right. Step forward on Left

(Facing 6 o'clock)

#### Right mambo forward. Full turn Left (Travelling back). Coaster step. Walk. Walk

1&2 Rock forward on Right. Recover onto Left. Step back on Right

3 – 4 Half turn Left stepping forward on Left. Half turn Left stepping back on Right (Facing 6

o'clock)

### Option: steps 3 – 4: Walk back Left. Right

5&6 Step back on Left. Step Right beside Left. Step forward on Left

7 – 8 Walk forward Right. Left (option: clap between steps)

#### Start again