Adios My Darling



拍數: 64 牆數: 2 級數: Improver 編舞者: DJ Dan (NL) & Wynette Miller (NL) - February 2010 音樂: Vaya Con Dios - Heather Myles: (CD: In The Wind)



Intro 16 counts

(1-8) SIDE, T	OGETHER FORWARD, HOLD; ROCK STEP FWD, STEP BACK, HOLD
1-4	Step Left to left side. Step Right next to Left. Step Left forward. Hold
5-8	Rock Right forward. Recover onto Left. Step Right back. Hold.

(9-16) SLOW COASTER CROSS, HOLD; SWAY, SWAY, SIDE, SLIDE/TOUCH 1-4 Step Left back. Step Right next to Left. Cross left over Right. Hold. 5-6 Step Right to right side and sway hips right. Sway hips Left.

7-8 Large step Right to right side. Slide Left up to Right and touch beside.

(17-24) SIDE ROCK, CROSS SHUFFLE; 2 X 1/4 TURN, CROSS, HOLD

1-2	Rock Left to left side. Recover onto Right.	
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3&4 Cross Left over Right. Step Right to right side. Cross Left over Right.

5-8 1/4 turn left step Right back. 1/4 turn left step Left to left side. Cross Right over Left. Hold. [6]

(25-32) SIDE ROCK, CROSS, FLICK/CLICK; STEP, LOCK, LOCK STEP

1-2	Rock Left to lef	t side Recover	onto Right
1-2	LOCK FEIL TO IEI	L SIGE. NECOVEL	OHIO KIGHI.

3-4 Cross Left over Right. Flick Right back en click fingers.

5-6 Step Right forward. Lock Left behind Right.

7&8 Step Right forward. Lock Left behind Right. Step Right forward.

(33-40) CROSS ROCK, 1/4 TURN, HOLD; STEP, 1/2 PIVOT, 1/4 TURN, HOLD

1-4 Cross rock Left over Right. Recover onto Right. Make 1/4 turn left step Left forward. Hold.
5-8 Step Right forward. Pivot 1/2 turn left. Make 1/4 turn left step Right to right side. Hold.

(41-48) BEHIND, SIDE, CROSS, SWEEP; CROSS, STEP BACK, SWEEP STEPS BACK R,L

1-3 Cross Left behind Right. Step Right to right side. Cross Left over Right.

Sweep Right out from back to front.Cross Right over Left. Step Left back.

Sweep Right out from front to back and step back.Sweep Left out from front to back and step back.

(49-56) ROCK STEP BACK, 1/2 TURN, HOLD; ROCK STEP BACK, 1/2 TURN, HOLD

1-4 Rock Right back. Recover onto Left. 1/2 turn left step Right back. Hold. 5-8 Rock Left back. Recover onto Left. 1/2 turn right step Left back. Hold.

(57-64) BEHIND, SIDE, CROSS, UNWIND FULL TURN; SIDE, TOGETHER, FORWARD, HOLD

1-2 Cross Right behind Left, Step Left to left side.

3-4 Cross Right over Left. Unwind full turn left – end weight on Left.

5-8 Step Right to right side. Step Left next to Right. Step Right forward. Hold. [6]

Easier option count 3-4 Cross rock Right over Left. Recover onto Left.

Begin again.

djdan_miller@hotmail.com

