

Swedish Delight

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Louise Elfvengren (NOR) - February 2010
音樂: Fait Accompli - Benny Anderssons Orkester & Tommy Körberg : (CD: Song of Heart)



Intro: Start dance when he says "Accompli"

SECTION 1

STEP FW, STEP DOWN ON RIGHT, SAILOR STEP WITH SWEEP, STEP FW, ¼ TURN LEFT, CROSS ROCK AND ½ TURN

- 1-2 Step forward on left, switch weight to right foot
- 3&4 Sweep left front to back crossing left behind right, step right beside left, step fw on left. [12.00]
- 5-6 Step right forward, turn ¼ left. [9.00]
- 7&8 Cross right in front of left, recover onto left, turn ½ right, stepping right beside left. [3.00]

SECTION 2

CROSS ROCK, SWEEPS BW, TOUCH, LOCK STEPS FW

- 1-2 Cross left in front of right (long rock move your body forward), recover onto right.
- 3-4 Sweep left front to back, sweep right front to back.
- 5-6 Sweep left front to back, touch.
- 7&8 Step forward right, lock left behind right, step forward on right. [3.00]

Restart wall 4

SECTION 3

ROCK FW, FULL TRIPLE TURN LEFT, ROCK FW, 1/4 SAILOR TURN RIGHT WITH SWEEP

- 1-2 Rock forward on left, recover onto right.
- 3&4 Full triple turn left stepping left-right-left. [3.00]
- Option: Coaster Step, count 3&4**
- 5-6 Rock forward on right, recover onto left.
- 7&8 Step right behind left (with a sweep), turn 1/4 right stepping down on left, step right beside left. [6.00]

SECTION 4

CROSS SHUFFLE MOVING RIGHT, CROSS SHUFFLE MOVING LEFT, ROCK FW, STEP ¼ TURN, STEP

- 1&2 Cross left over right, step right beside to left, cross left over right.
- 3&4 Cross right over left, step left beside to right, cross right over left.
- 5-6 Rock left forward, recover onto right.
- 7-8 Turn ¼ left stepping down on left, step right beside left. [3.00]

Option: 1 1/4 turn left, count 7-8

Restart: wall 4 after section 2.