Smotherin' Me

COPPER KNOB

拍數: 48

牆數:4

級數: Intermediate

編舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - March 2010

音樂: Smotherin' Me - Imelda May : (CD: Love Tattoo)

16 count / 8s intro. Start on vocals Dance rotates in a clockwise direction

Kick. Kick. Together. Side. Together. Kick-Ball-Cross. Kick-Ball-Cross

- 1-2& Kick left over right. Kick left to side, Step left beside right
- 3 4 Step right to side. Step left beside right
- 5&6 Right kick-ball-cross
- 7&8 Right kick-ball-cross

Quarter-Step back. Together. Heel Bounces. Forward. Together. Kick-Ball-Point

- 1 2 Quarter left (9:00) step back on right. Step left beside right
- 3 4 Bounce both heels. Bounce both heels (weight left)
- 5 6 Step forward on right. Step left beside right
- 7&8 Right kick-ball-point

Sailor-Step. Sailor-Quarter-Turn. Step. Touch. Kick-ball-step

- 1&2 Left sailor-step
- 3&4 Sailor quarter turn right (12:00)
- 5 6 Step forward on left. Touch right beside left
- 7&8 Right kick-ball-step

Rock. Recover. Turn. Turn. Coaster-Step. Step. Pivot-Quarter

- 1 2 Rock forward on right. Recover
- 3 4 Half right (6:00) step forward right. Half right (12:00) step back on left
- 5&6 Right coaster-step
- 7 8 Step forward on left. Pivot quarter (3:00) weight right

Restart here during wall 5

Cross. Point. Behind. Point. Touch. Turn. Step.Pivot-Half

- 1 2 Cross left over right. Point right to side
- 3 4 Step right behind left. Point left to side
- 5 6 Touch back left. Half left (9:00) change weight to left
- 7 8 Step forward on right. Pivot half (3:00) weight left

Box-Step. Forward. Together. Heel Bounces

- 1 4 Right box-step
- 5 6 Step forward right. Step left beside right
- 7 8 Bounce both heels. Bounce both heels (weight right)

Our thanks to Peter for recommending the track.

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