

Paint My Love!

拍數: 32 牆數: 2 級數: Beginner
編舞者: Elke Weinberger (NL) & Illona Klockner - March 2010
音樂: Paint My Love - Michael Learns to Rock



Start dance after 32 counts on 2nd verse when the heavy beats start to kick in at time track 00:28.

Full Left Spiral Turn, Ball Cross, ½ Left Sweep Turn, Back Rock, Recover, Sweep, Full Right Spiral Turn, Ball Cross, Side Slide, Drag

- 1&2 Cross right over left and then spiral a full turn left, step left to left, cross right over left (12 O'Clock)
- 3 Execute ½ turn left as you sweep left around (6 O'Clock)
- 4&5 Rock left back, recover weight onto right, sweep left around from back to front
- 6&7 Cross left over right and then spiral a full turn right, step right to right, cross left over right (6 O'Clock)
- 8& Taking a long step - slide right to right and drag left toes towards right, step left beside right

Forward Rock, Recover, ¼ Right Forward Rock, ½ Right Forward, ¾ Left Triple Turn, Sway, Sway, ½ Right Sweep Turn

- 1-2 Rock right forward, recover weight onto left
- 3-4 Execute ¼ turn right and then rock right forward, recover weight onto left (9 O'Clock)
- 5 Execute ½ turn right and then step right forward (3 O'Clock)
- 6&7 Step left forward, execute ½ turn left and then step right back, execute another ¼ turn left and then step left to left (6 O'Clock)
- 8&1 Sway hips right, sway hips left, execute ½ right and then sweep right around (12 O'Clock)

½ Left Sailor Turn, Recover, Behind, Figure '4' Hitch, Sailor Cross, Pivot ½ Right Turn, ½ Right Together, Back Slide

- 2&3 Cross right behind left, execute ¼ turn left and then step left fwd, execute another ¼ turn left and then rock right to right (6 O'Clock)
- 4&5 Recover weight onto left, step right behind left, hitch left knee beside right in a figure '4'
- 6&7 Cross left behind right, step right to right, cross left over right
- 8&1 Pivot ½ turn right, execute another ½ turn right and then step left beside right, taking a long step – slide right back and drag left toes towards right (6 O'Clock)

Twinkle Pattern, ¼ Right Turning Twinkle Pattern, Forward, Pivot ¼ Left Turn, Toe Slide Into Gracious Pose!

- 2&3 Cross left over right, step right to right, step left to left
- 4&5 Cross right over left, ¼ turn right step left to left, step right to right (9 O'Clock)
- 6&7 Step left forward, step right forward, pivot ¼ turn left ending with left close beside right (6 O'Clock)
- 8 Dip down slightly into your most gracious as you gradually slide right toes to right

Note: Keep your right leg fully straightened throughout when you slide right toes to right. Your pose should end with left knee slight bent (into a dip) and right leg straightened with right toes pointed to right

Repeat

EXTRA BEAT: There is an extra beat at the end of the 5th rotation. Just remain in that gracious pose for this extra beat and begin dancing the 6th rotation facing 6 o' Clock.