A.B. 2010

拍數: 64

級數: Beginner

編舞者: Sebastiaan Holtland (NL) & Fiona - May 2010

牆數:4

音樂: The Music Sounds Better - Alexandra Burke

TAG: WALL 6: (Facing 3 o'clock after count 16, you get a 4 count tag)

Start dancing after the 3rd vocal "The Music Sounds Better With You" (17 sec)

Sec 1: Step Fwd, Quarter Turn L Side / Recover, Cross, Side, Touch, 1/4 Turn L Step Fwd, 1/2 Turn L, Back

- 1-2 Step forward on Rf, make a 1/4 turn right (3) and step Lf to the left side weight onto Lf
- 3-4 Recover on Rf, and cross Lf over Rf weight onto Lf
- 5-6 Step Rf to the right side, and touch Lf next to Rf weight onto Rf
- 7-8 Make a 1/4 turn left (12:00) and step forward on Lf, continue 1/2 turn left (6:00) and step back on Rf weight onto Rf

Sec 2: Step Back, Touch, Side Point, Together, Back Rock / Recover, Lock Step Fwd

- 1-2 Step back on Lf, and touch Rf next to Lf weight onto Lf (6:00)
- 3-4 Point Rf out to the right side, and close Rf next to Lf take weight on Rf
- 5-6 Rock back on Lf, recover on Rf
- 7&8 Step forward on Lf, lock Rf behind Lf, and step forward on Lf weight onto Lf (6:00) ## TAG ##

Sec 3: Heel Touch fwd, Replace 1/4 Turn L, Heel Touch Fwd, Replace, Heel Touch Fwd, Replace 1/4 Turn L, Heel Touch Fwd, Side Replace

- 1-2 Touch forward on R heel diagonal, making a 1/4 turn left (9) and step Rf back in place weight onto Rf
- 3-4 Touch forward on L heel diagonal, and step Lf back in place weight onto Lf
- 5-6 Touch forward on R heel diagonal, making a 1/4 turn left (12) and step Rf back in place weight onto Rf
- 7-8 Touch forward on L heel diagonal, and step Lf back in place to the left side weight onto Lf (12:00)

Sec 4: Cross, Side, Back, Cross, Side Point, Cross, 1/2 Unwind L

- 1-2 Cross Rf over Lf, step Lf to the left side weight onto Lf
- 3-4 Stepping back on Rf, and cross Lf over Rf weight onto Lf
- 5-6 Point Rf out to the right side, and cross Rf over Lf weight onto both feet
- 7-8 Unwind 1/2 left on both feet (6:00), and take weight onto Lf

Sec 5: Touch Hold, Touch Hold, Turn 1/4 L, Touch Hold, Touch Hold, Jump Both Feet Apart, Hold

- 1-2 Touch Rf next to Lf, HOLD
- &3-4 Touch Lf next to Rf, HOLD
- &5-6 Making a 1/4 turn left (3:00), and touch Rf next left foot, HOLD
- &7-8 Jump both feet apart (&7), HOLD

Sec 6: Fwd Rock / Recover, 1/4 Turn R, Syncopated Side Rocks / Recover, Sailor 1/4 R, Step

- 1-2 Rock forward on Rf, recover on Lf weight onto Lf
- 3-4 Making a 1/4 turn right (6:00) and rock Rf to the right side, recover on Lf weight onto Lf
- &5-6 Close Rf next to Lf, and rock Lf to the left side, recover on Rf weight onto Rf
- 7&8 Cross Lf behind Rf, making a 1/4 turn right (9:00) and step Rf to the right side, and stepping forward on Rf weight onto Rf

Sec 7: Fwd Point, Back, Back Point, Step Fwd, 1/2 Pivot L, Walk Fwd, Walk Fwd

1-4 Point forward on Rf, and step back on Rf, Point back on Lf, and step forward on Lf





5-8 Step forward on Rf, making a 1/2 turn left (3) and take weight onto Lf, walk forward on Rf, walk forward on Lf

Sec 8: Side Point R, Cross, Side Point L, Cross, Heels Fwd Fwd, Long Step Back, Together

- 1-4 Point Rf out to right, cross Rf over Lf (slightly fwd), point Lf out to left, and cross Lf over Rf weight onto Lf
- 5-6 Step forward on R heel, step forward on L heel
- 7-8 Make a long step back on Rf, and step Lf next to Rf take weight onto Lf (3:00)

TAG:

1-4 Point Rf out to right, cross Rf over Lf (slightly fwd), point Lf out to left, and cross Lf over Rf