

Playboy

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
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音樂: So Many Girls - Usher



Step-Touch, Knee pop, Touch-Step, Side Step, Body Pop, And Heel And Step

- 1 – 2 Step R out to R side (drag L toward R), Touch L beside R
&3&4 Pop Knees out, Knees back to center, Touch R out to R, Step R beside L
&5&6 Step L to L side, Touch R beside L, Pop upper body up, Body back to center
***Weight transfers to R when you pop body back to center**
7&8 Step slightly back on L, Place R heel forward, Step down on R, Step L forward and slightly across R, (slightly turned to your R diagonal)

Hip Bump, Pelvic Thrust x2 ?, Fwd Rock, Side Rock, Weave ½ Turn L

- 1-&-2 Step R to R bumping hip R, Bump hips L, Bump Hips R (end in a sit position)
&3&4 Push pelvis up, Back to sit position, Push pelvis up, Back to sit position (weight needs to go to L foot here)
5&6& Cross rock R over L, Recover back on L, Rock R out to R, Recover on L
7-&-8 Step R behind L, ¼ Turn L stepping L forward, ¼ Turn L stepping R to R side

Ball Diagonal Steps Traveling Forward x2, Touch-Touch, ¼ Turn L Sailor

- &-1-2 Step L next to R, Step R forward towards R diagonal, Step L next to R turning toward your L diagonal
&-3-4 Small step back on R, Step L forward towards L diagonal, Step R foot next to L turning back to your R diagonal
5 – 6 Touch L forward/across R, Touch L out to L side (Center back up to facing wall)
7-&-8 Step L behind R, ¼ Turn L stepping R to R side, Step L down in place

Out-Out-And-Cross Traveling to R x2, ½ Turn, ¼ Turn, R Coaster Step

- &1&2 Step R to R, Step L to L, Step R in towards L, Cross L over R
&3&4 Step R to R, Step L to L, Step R in towards L, Cross L over R
***Travel to the R as you do these out/out and crosses**
5 – 6 ½ Turn R, ¼ Turn R, (Leave both feet on floor to do these weight ends on L)
7-&-8 Step R back, Step L back, Step R forward

Step Touch Behind, Step Touch Side, Out-Out-Cross, Side R Shuffle

- 1 – 2 Step L to L side, Touch R toe behind L
3 – 4 Step R to R side, Touch L beside R
&-5-6 Step L out, Step R out, Cross L over R
7-&-8 Step R to R side, Step L beside R, Step R to R side

ARMS (optional)

- 1-&-2 Punch L arm up (closed fist) as you step L to side, Punch R arm up (closed fist) as you drop L arm beside L hip, Bring R arm down to meet L at hip as you touch R
3 – 4 Punch R arm up as you step R out to R, Take R and L arm out to R side about shoulder height as you touch L next to R
&-5-6 Bring both arms around the front of your face and continue around the back of your head as you do your out-out-cross.....drop hands as you do your R shuffle

Touch, ¼ Turn L, Step-Drag, And Cross, ¾ Turn Stepping R, L, R, L

- &-1-2 Touch L toe next to R, ¼ Turn L stepping L to L side, Drag R
3-&-4 Continue dragging R toward L, Step down on R, Step L over R

5 – 8 $\frac{3}{4}$ Turn L stepping R, L, R, L (these should be more heavy/funky steps)

Side Hops R x2, Step $\frac{1}{4}$ Turn L, Hold, And Cross, $\frac{1}{4}$ Turn L Heel & Heel

1 – 2 Small hop to R, Small hop to R (weight ending on R)
3 – 4 Step L out to L, $\frac{1}{4}$ Turn L stepping R out to R side
5-&-6 Hold, Step L in towards R, Step R foot across L
7-&-8 $\frac{1}{4}$ Turn L touching L heel forward, Step down on L, Touch R heel forward

Ball-Step-Touch, Walk back R, L, Full Turn Triple, Step-Touch

&-1-2 Step back on ball of R, Step forward on L, Touch R toe forward
3 – 4 Walk back R, Walk back L
5-&-6 $\frac{1}{2}$ Turn R stepping R forward, Start $\frac{1}{2}$ Turn R stepping L back, Finish turn by stepping R beside L
7 – 8 Step L to L side, Touch R toe beside L

NOTES:

There is a 16 count TAG which you do twice in a row each time....so technically 32 count TAG.
There is also an 8 count TAG which you do right after the first 32 count TAG.

One Restart In The Dance!

TAG 1:

Mambo Step, Ball-Step-Touch, Knee Pop x2, Out-Out-And-Cross

1-&-2 Rock forward on R, Recover back on L, Step back on R
&-3-4 Step back on ball of L, Step back on R, Touch L toe beside R
5 – 6 Pop both knees toward R diagonal, Pop both knees toward L diagonal
&7&8 Step out on L, Step out on R, Step L toward R, Step R over L

L Dorothy Step, R Dorothy Step, Step Half Pivot, Step-Touch

1-2-& Step L forward toward L diagonal, Step R foot behind L, Step L out to L
3-4-& Step R forward toward R diagonal, Step L foot behind R, Step R out to R
5 – 6 Step L forward, Pivot $\frac{1}{2}$ Turn R taking weight to R foot
7 – 8 Step L forward, Touch R toe beside L foot

REPEAT THAT AGAIN!! TAG IS 16 COUNTS BUT REPEAT IT AGAIN TO MAKE IT 32!

TAG 2:

Out-Out-Hold, $\frac{1}{2}$ In-In-Hold, Out-Out-Hold, $\frac{1}{2}$ In-In, Step Touch

&-1-2 Step R out to R, Step L out to L, Hold (weight goes back to R)
&-3-4 $\frac{1}{2}$ Turn L stepping L in, Step R beside L, Hold
&-5-6 Step L out to L, Step R out to R, Hold (weight goes back to R)
& - 7 $\frac{1}{2}$ Turn L stepping L in, Step R beside L
& - 8 Step L forward, Touch R toe beside of L

There is a slight pause before you go back in to the dance....like a &1 hold. Then you start the dance right back over with count 1 stepping to the R.

RESTART:

You will do 64, 64, TAG 1, TAG 2, 64, 64, then the first 32 counts....then RESTART!

* Weight will be on R, after R coaster, but do a quick ball step on L then step to R!

SEQUENCE:

64, 64, TAG 1 (32), TAG 2 (8), 64, 64, 32, 64, TAG 1 (32), First 32...END OF DANCE!
