Wake Up

拍數: 64

級數: Intermediate

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音樂: Wake Up - Jessica Andersson : (CD: Wake Up)

16 Count Intro

Sec 1: Cross, Point, Cross, Point, Jazz Box ¼ Turn.

- 1 2 Cross right in front of left, Point left to left side.
- 3 4 Cross left in front of right, Point right to left right.
- 5 6 Cross right over left. Step left back.
- 7 8 Step right ¼ turn right. Cross left over right.

Sec 2: Turn ¼ L x 2, Step, Touch, Charleston Step.

- 1 2 Turn ¼ left step right back, turn ¼ step left forward.
- 3 4 Step right forward, Touch left beside right.
- 5 6 Step left forward, kick right forward.
- 7 8 Step right back, Touch left back

Sec 3: Weave, Touch, Rolling Vine, Touch.

- 1 2 Step left to left side. Cross right behind left.
- 3 4 Step left to left side. Touch right beside left.
- 5 6 Step right forward 1/4 turn right. Step left back making 1/2 turn right.
- 7 8 Step right to right side making 1/4 turn right. Touch left beside right.

Sec 4: Back Touch x 2, Point, Hold, Point, Hold.

- 1 2 Step left back. Touch right toe forward.
- 3 4 Step right back. Touch left toe forward.
- 5 6 Point left to left side, Hold
- 7 8 Point left forward, Hold

Sec 5: Step, Step 1/2 Turn, Back, Hook, Step lock step, Scuff.

- 1 2 Step forward left, make ¹/₂ turn left stepping back on right.
- 3 4 Step left back, Hook right foot in front of left.
- 5 6 Step right forward, Lock left behind right
- 7 8 Step right forward. Scuff left forward.

Sec 6: Rocking Chair, Side, Touch, Side, Touch.

- 1 2 Rock forward on Left foot, recover weight back onto Right foot
- 3 4 Rock back on Left foot, recover weight onto Right foot
- 5 6 Step left to left side, Touch right foot together.
- 7 8 Step right to right side, Touch left beside right.

Sec 7: Side, Cross, Back, Side, Cross, Side, turn ¼ L, Touch.

- 1 2 Step left foot to left side, Cross right foot over left.
- 3 4 Step left foot back, Step right foot to right side.
- 5 6 Cross left foot over right, Step right foot to right side.
- 7 8 Turn ¹/₄ left step left forward, Touch right beside left.

RESTART here on wall 3.

*** See notes below for ending

Sec 8: Walk Around 3/4 Turn circle right.

1 - 2 Step right. Hold





牆數:4

- 3 4 Step left. Hold
- 5 6 Step right. Hold
- 7 8 Step left. Hold

*** Ending: During wall 6 - change Touch right beside left to - Turn ¼ left step right foot to right side.