

Africa Waka

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ingrid Kan (TW) - January 2005
音樂: Waka Waka (This Time for Africa) - Shakira : (Official 2010 Fifa World Cup Song)



Hip Bumps R,L. R Rock L Recover, R Coaster Step

1&2 Step right diagonally forward and bump right hip forward, back, forward
3&4 Step left diagonally forward and bump left hip forward, back, forward
5-6 Rock right forward, recover to left
7&8 Step right back, step left together, step right forward

Hip Bumps ,R Turning 1/2 Hip Bumps , Jazz Box(touch)

1&2 Step left forward and bump left hip forward, back, forward
3&4 Turn 1/2 right (weight to right) and bump right hip forward, back, forward
5-6 Cross L Over R, Step Back on R
7-8 Step R to Right, touch R next to L

Hip Bumps R,L. R Rock L Recover, R Sailor Turn R 1/4

1&2 Step right diagonally forward and bump right hip forward, back, forward
3&4 Step left diagonally forward and bump left hip forward, back, forward
5-6 Rock right forward, recover to left
7&8 Cross right behind left, step left to side turn R 1/4, step right to side

Hip Bumps L,R.L Step Turn R 1/2, Shuffle 1/2 Turn R

1&2 Step left diagonally forward and bump left hip forward, back, forward
3&4 Step right diagonally forward and bump right hip forward, back, forward
5-6 L Step turn R 1/2 (weight on right)
7&8 Shuffle 1/2 Turn to R (Stepping L,R ,L)

RESTART will happen in the 4rd rotation (only dance 16 counts)