Share The Moment



拍數: 56 牆數: 4 級數: Phrased Intermediate

編舞者: Steve Rutter (UK) & Claire Butterworth (UK) - May 2010

音樂: In A Moment Like This - Chanée & n'evergreen: (Album: Eurovision Song

Contest 2010 Compilation)



16 Count Intro', Starting On the Word Remember. Sequence: A, A, B, B, Tag, A, B, B, B, B, Ending.

Part A.

Section 1-Side Step, Cross Rock, 1 1/4 Triple Turn Left, Side Rock, Weave.

1 Step right to right side.

2-3 Cross rock left over right, recover weight onto right.

4&5 Make a quarter turn left stepping forward on left, make a half turn left stepping back on right,

make a half turn left stepping forward on left.

Option: For those who may not want to do the 1 ¼ Turn (4&5), replace it with a Chasse ¼ turn left.

6-7 Rock right to right side, recover weight onto left.

8&1 Cross right behind left, step left to left side, cross right over left.

Section 2-(Hip Sways, Triple Step) x2.

2-3 Step left to left side swaying hips left, sway hips right.

4&5 Step left beside right, step right beside left, step left beside right.

6-7 Step right to right side swaying hips right, sway hips left.

8&1 Step right beside left, step left beside right, step right beside left.

Section 3-Step Forward, Spiral Full Turn Right, Right Shuffle, Forward Rock, Triple 1/2 Turn Left.

2-3 Step forward on left, make a full turn right on ball of left hooking right foot up in front of left

shin.

4&5 Step forward on right, close left beside right, step forward on right.

Rock forward on left, recover weight back onto right.

Make a half turn left stepping on left, right, left.

Section 4-Forward Rock, Triple ½ Turn Right, Toe Touch, Side Step, Cross Rock.

2-3 Rock forward on right, recover weight back onto left.
4&5 Make a half turn right stepping on right, left, right.
6-7 Touch left toe across in front of right, step left to left side.

8& Cross rock right over left, recover weight back onto left.

Part B.

Section 1-Side Step, Cross Rock, Extended Chasse Left with ¼ Turn Left, Step Forward, Pivot ½ Turn Left, Step Forward, Close.

1 Step right to right side.

2-3 Cross rock left over right, recover weight back onto right.
4&5 Step left to left side, close right beside left, step left to left side.

&6 Close left beside right, make a quarter turn left stepping forward on left.

7& Step forward on right, pivot a half turn left.8& Step forward on right, close left beside right.

Section 2-Forward Rock, 1/4 Turn Right, Samba Step, Weave, Side Rock, Cross Behind, Side Step.

1-2 Rock forward on right, recover weight back onto left.

3 Make a quarter turn right stepping right to right side.

4&5 Cross left over right, step right ball to right side, replace weight onto left.

&6 Cross right over left, step left to left side.

& Cross left behind right.

7& Rock left to left side, recover weight onto right.8& Cross left behind right, step right to right side.

Section 3-Cross Rock, ¼ Turn Left, Kick-Ball-Step, Forward Rock, ½ Turn Right.

1-2 Cross rock left over right, recover weight back onto right.

3 Make a quarter turn left stepping forward on left.

4&5 Kick right forward, step right beside left (taking weight), step forward on left.

6-7 Rock forward on right, recover weight onto left. 8& Make a half turn right stepping on right, left.

Tag (8 Counts) – To be performed after 2nd Repetition of Part B (Facing 12 o'clock).

1 Step right to right side.

2-3 Cross rock left over right, recover weight onto right.

4&5 Step left to left side, close right beside left, step left to left side.

6-7 Cross rock right over left, recover weight onto left. 8& Step right to right side, close left beside right.

Optional Ending.

You'll be Facing 9 o'clock when you've completed your last Part B repetition, Add this Ending for a neat finish facing the Front!

1 Step right to right side.

2-3 Cross rock left over right, recover weight onto right.

4&5 Step left to left side, close right beside left, make a quarter turn left stepping forward on left.

6-7 Step forward on right, Pivot a half turn left.

Enjoy!

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