

Need You Now

拍數: 0 牆數: 1 級數: Phrased Beginner
編舞者: Karen Tripp (CAN) - June 2010
音樂: Need You Now - Lady A : (3:56)



Start: Start on lyrics (16 counts from first main down beat)

Sequence: A, B, A, B, A (1-32), B, A End: Right Knee Pop

PART A

SIDE TWO-STEP (RIGHT & LEFT), BOX

- 1-4 Step side on right, close left to right, step side on right, touch left
- 5-8 Step side on left, close right to left, step side on left, touch right
- 9-12 Step side on right, close left to right, step forward on right, touch left
- 13-16 Step side on left, close right to left, step back on left, touch right

GRAPEVINE (RIGHT & LEFT), BOX

- 17-20 Step side on right, step left behind right, step side on right, touch left
- 21-24 Step side on left, step right behind left, step side on left, touch right
- 25-32 Repeat steps 9-16

WALK BACK 3 & TOUCH BACK, WALK FWD 3 & KICK (ALL TWICE)

- 33-36 Step back right, left, right, touch back with left toe
- 37-40 Walk forward left, right, left, kick forward with right
- 41-48 Repeat steps 33-40

4 TOE STRUTS

- 49-56 Place right ball of foot forward, drop right heel; place left ball of foot forward, drop left heel, repeat with right, repeat with left

PART B (CHORUS)

LINDY RIGHT & LEFT

- 1&2 Shuffle to the side right, left, right
- 3-4 Rock back on left, recover on right
- 5&6 Shuffle to the side left, right, left
- 7-8 Rock back on right, recover on left

HEEL FWD, TOE BK, STEP ¼ RIGHT & POINT LEFT

- 9-12 Place right heel out in front, tap right toe behind, turn ¼ right and take weight on right, point left to side

FORWARD LOCK FORWARD TOUCH

- 13-16 Step forward on left, lock right behind left taking weight, step forward on left, touch right beside left

REPEAT TWICE MORE (LINDY R & L; HEEL, TOE, TURN & POINT; FWD LOCK FWD TCH)

- 17-48 Repeat all of 1-16 of Part B (Chorus) two more times

JAZZ BOX IN 4 TURNING ¼ RIGHT

- 49-52 Cross right in front of left taking weight, step back on left, turn ¼ right and step taking weight, step left beside right (now facing 12:00 again)

4 TOE STRUTS

53-60 Place right ball of foot forward, drop right heel; place left ball of foot forward, drop left heel,
repeat with right, repeat with left

Ending: After the last toe struts, pop right knee out on last beat of music.

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