拍數： 64
鑭數： 2
級數：Intermediate
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音樂：Waka Waka（This Time for Africa）－Shakira

## Start ：After 32 Counts

| A．Side Rock - Recover - Cross - Side - Cross - Side Rock - Recover－Cross - Side - Cross |  |
| :--- | :--- |
| $1-2$ | Rock $R$ to right $-L$ Recover |
| $3-\&-4$ | Cross $R$ behind $L-$ Step $L$ to left－Cross $R$ over $L$ |
| $5-6$ | Rock $L$ to left $-R$ Recover |
| $7-\&-8$ | Cross $L$ behind $R-$ Step $R$ to right－Cross $L$ over $R$ |

B．Side Touch Swithces－Hop Forward－Swing－Jazz Box－Together
1－\＆－2 Point $R$ to right－Step $R$ together－Point $L$ to left
3－4 Hop slightly forward on $L$－Swing $R$ from back right diagonal to forward left diagonal
5－6 Cross R over L－Step L back
7－8 Step $R$ to right－Step $L$ together
C．Right and Left Forward Lock Shuffle－Mambo－Touch Behind－1／4 Left Turn
1－a2 Forward shuffle on R－L－R
3－a4 Forward Shuffle on L－R－L
5－\＆－6 Rock R forward－L Recover－Step R back
7－8 Touch L back－Turn 1／4 Left dropping L heel down（9：00－Weight on L）
D．Out－Out－In－In－Forward Rock－Recover－1／2 Right Turn－Forward Lock Shuffle
1－2 Step $R$ forward slightly to right－Step $L$ forward slightly to left
3－4 Step R back to centre－Step L together
5－6 Rock R forward－L Recover
7－\＆－8 Turn 1／2 Right stepping R forward（3：00）－Lock L behind R－Step R forward
E．Side Mambo－Kick ball Touch
1－\＆－2 Rock $L$ to left－R Recover－Step $L$ together
3－\＆－4 Rock R to right－L Recover－Step R together
5－\＆－6 Kick $L$ forward－Step $L$ together－Touch $R$ beside $L$
7－\＆－8 Kick R forward－Step R together－Touch L beside R
F．Left and Right Samba Whisk－1／4 Left－Left Samba Whisk－Right Samba Whisk with Cross
1－a2 Step $L$ to left－Step $R$ slightly behind $L$－Step $L$ forward
3－a4 Step $R$ to right－Step $L$ slightly behind $R$－Step $R$ forward
5－a6 Turn 1／4 Left stepping $L$ to left（12：00）－Step $R$ behind $L$－Step $L$ forward
7－a8 Step R to right－Step L behind R－Cross R over L
G．Weave－Side Rock／Recover－Extended Cross Shuffle－Together
1－2－3－4 $\quad$ Step $L$ to left－Cross $R$ behind $L$－Step $L$ to left－Cross $R$ over $L$－
5－\＆－6 $\quad$ Cross $L$ over $R$－Step $R$ to right－Cross L over R－
\＆－7 Step $R$ to right－Cross L over $R$－
\＆－8 Step $R$ to right－Step $L$ together
H．Forward Rock／Recover－Back－Hop Back and Hitch and Hop back（Peter Pan）－Touch Behind－1／2 Left －Side Mambo
1－2－3－4 Rock R forward－L Recover－Step R back－Hop R back and hitch $L$
Styling ：As you hop back，lean the upper body forward about $45^{\circ}$ and extend $R$ arm Forward and $L$ arm

## backward with $R$ palm facing down and $L$ palm facing up

5-6 Touch L back - Turn $1 / 2$ Left (6:00 - Weight on R) -
7-\&-8 Rock L to left - R Recover - Step L together
VARIATION : After Wall 4 facing 6:00
A. Out-Out-In-In - Side - 1/4 Left with Hitch - Coaster Step

1-2-3-4 : Step $R$ forward slightly right - Step $L$ forward slightly left Step $R$ back to centre - Step $L$ together
5-6 $\quad:$ Step R to right - Turn $1 / 4$ Left hitching $L$ knee (3:00)
7-\&-8 : Step L back - Step R together - Step L forward
B. Hip Bumps - Mambo Jump

1-\&-2 : Touch R forward bumping hips to right - Bump hips to left - Bump hips to right Dropping R heel down
3-\&-4 : Repeat with L
5-\&-6 : Kick R forward - Pull R back as you hop slightly forward on R - Slide and Touch L forward with body pulled back to a leaning position
7-8 : Turn 1/4 Right (6:00 -Weight on R) - Step L together
C. Cross Rock - Recover - Side - Repeat - Mambo Turns

1-\&-2 : Cross Rock R over L - L Recover - Step R to right
3-\&-4 : Cross Rock L over R - R Recover - Step L to left
5-6 : Step R forward - Turn 1/2 Left (12:00 - Weight on L) - Step R forward
7-8 : Step L forward - Turn 1/2 Right (6:00 - Weight on R) - Step L forward
D. Side Rock - Recover - Cross behind - Side - Scoot - Hop - Foot Swing - Cross - Full Left Unwind

1-2 : Rock R to right - L Recover
3-\&-4 $\quad:$ Cross $R$ behind $L$ - Step $L$ to left - Scoot $R$ to right
5-6 : Hop $L$ forward - Swing $R$ from back to front left diagonal
7-8 : Cross Touch R over L - Unwind full left turn (Weight on L)
RESTART: On Wall 2 after 48 Counts (Section F) replacing the last Right Samba Whisk (Count 7-\&-8) with : \&-7-8 : Step R to right - Cross Touch L over R - Unwind a Full Right Turn (6:00 - Weight on L)

