Amos Moses

拍數: 64

級數: Improver

編舞者: Glenda Lane - June 2010

音樂: Amos Moses - Jerry Reed : (CD: The Essential Jerry Reed)

16 count intro.

STEP LOCK, STEP LOCK, TAP, TAP, COASTER, CROSS

- 1-2 Step R forward, lock L behind R and pop right knee
- 3-4 Repeat
- 5-6 Tap R heel front, side
- 7&8 Step R back, step L beside R, cross R over L

STEP LOCK, STEP LOCK, TAP, TAP, COASTER CROSS

1-8 Repeat first 8 counts, start with the L foot

QUARTER TURN LEFT, WEAVE, ½ TURN, ½ TURN TO FACE 9:00

- 1-2 Step R forward, quarter turn to face 9:00, transfer weight to L
- 3&4& Cross R over left, step L to L, cross R behind L, step L to L
- 5-6 Step R forward, pivot 1/2 turn to L, weight L
- 7-8 Step R forward, pivot 1/2 turn to L, weight L foot

QUARTER TURN LEFT, WEAVE, ½ TURN, ½ TURN TO FACE 6:00

1-8 Repeat above 8 counts, finish facing 6:00

STEP TOGETHER. STEP, POINT ACROSS, SIDE; STEP TOGETHER STEP, POINT ACROSS, STEP TO SIDE

- 1&2 Step R to R, step L beside R, step R to R
- 3-4 Point L across R, point L to L
- 5&6 Step L to L, step R beside L, step L to L
- 7-8 Point R across L, step R beside L

RAMBLE RIGHT AND LEFT, MASH POTATO BACKWARD

- 1&2 Ramble three twists R
- 3&4 Ramble three twists L
- 5&6&7&8 R foot mash potato, L foot mash potato back, R foot mash potato back, step L beside R

STEP TOGETHER, STEP, POINT ACROSS, SIDE; STEP TOGETHER, STEP, POINT ACROSS, SIDE

- 1&2 Step R to R, step L beside R, step R to R
- 3-4 Point L across, point L to L
- 5&6 Step L to L, step R beside L, step L to L
- 7-8 Point R across L, point R to R

BACK LOCK STEP, RIGHT AND LEFT, COASTER STEP, SHUFFLE FORWARD

- 1&2 Step back R, lock step L in front of R, step back R
- 3&4 Step back R, lock step R in front of L, step back L
- 5&6 Step back R, step L beside R, step R forward
- 7&8 L shuffle forward stepping L, R, L

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牆數:2