

Good and Gone

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Carol Cotheman (USA) - July 2010
音樂: Wrong Baby Wrong Baby Wrong - Martina McBride : (CD: Shine)



Alt. music: Ain't Back Yet - Kenny Chesney [CD: Greatest Hits II]

Start dance on lyrics for Wrong Baby Wrong Baby Wrong
Start dance 1 beat before lyrics for Ain't Back Yet

Right Step, Lock, Step, Lock, Step, Left Step, Lock, Step, Lock, Step

- 1-2-3&4 Step right forward diagonally (1:00), lock left behind right, step right forward, lock left behind right, step right forward
- 5-6-7&8 Step left forward diagonally (11:00), lock right behind left, step left forward, lock right behind left, step left forward

Rock, Recover, Coaster Step, Touch, Twist, Twist, Twist, Kick

- 1-2-3&4 Square up to face 12:00 & rock forward on right, recover on left, step back on right, step left beside right, step forward on right
- 5-6&7-8 Touch ball of left forward, twist 1/4 turn right, twist 1/4 turn left, twist 1/4 turn right (weight to left), kick right forward (3:00)

Rock, Recover, 1/2 Shuffle Turn, Rock, Recover, 3/4 Shuffle Turn

- 1-2-3&4 Rock back on right, recover to left, 1/2 turn left stepping right, left, right (9:00)
- 5-6-7&8 Rock back on left, recover to right, 3/4 turn right stepping left, right, left (6:00)

Rock, Recover, Kick Ball Cross, Step, Drag, Ball Step, Cross, 1/2 Unwind

- 1-2-3&4 Rock back on right, recover to left, kick right forward, step on ball of right, step left across right
- 5-6&7-8 Large step to right, drag left beside right, step ball of left beside right (&), cross right over left, unwind 1/2 turn to left with weight ending on left (12:00)

Point, Step, Scissor Step, Side, Behind, Side, Cross, Step with Sway

- 1-2-3&4 Point right to side, step right forward in front of left, step left to side, step right beside left, step left across right
- 5-6&7-8 Step right to side, step left behind right, step right to side, step left across right, step right to side and sway right

Sway, 1/4 Turn with Kick, Shuffle, Step, 1/4 Turn, Kick Ball Change

- 1-2-3&4 Step left to side and sway left, 1/4 turn left stepping back on right with low left kick, shuffle forward left, right, left (9:00)
- 5-6-7&8 Step forward on right, pivot 1/4 turn left, kick right, step on ball of right, step left in place (6:00)

REPEAT

Restarts for Wrong Baby Wrong Baby Wrong:
On wall 2, dance 36 counts and restart facing 6:00.
On wall 4, dance 36 counts and restart facing 12:00.

Tag: At the end of wall 5 facing 6:00

Rocking Chair

- 1-2-3-4 Rock forward on right, recover on left, rock back on right, recover on left

Restarts for Ain't Back Yet:

On wall 3, dance 32 counts and restart facing 12:00.

On wall 6, dance 24 counts and restart facing 6:00.
