Buttons and Bows

拍數: 48

級數: Intermediate

編舞者: Kenny Teh (MY) - July 2010

音樂: Buttons and Bows - LeCafe de l'Amour

Start dance on vocals (16 counts after the hard beat begins:.....)

5 6 7 8 Skate RLRL / or Boggie walk Section B: 1 2 3 4 R toe strut, L toe strut 5 6 7 8 ¼ R turn step back R, recover L, ½ L turn shuffle back RLR (3.00) Section C: 1 2 3 4 Touch L toe beside R, touch L heel beside R, cross L over R, hold 5 6 7 8 Touch R toe beside L, touch R heel beside L, cross R over L, hold (3.00) Section D: 1 2 3 4 1 2 3 4 Step L, hold, cross R over L, hold 5 6 7 & Step L to L, cross R over L, step L to L, kick R Section E: 1 2 3 4 1 2 3 4 Step R back, kick L, step L back, kick R 5 6 7 8 Step Dack RLRL Section F: 1 2 3 4 1 2 3 4 Step R to R, step L to L, step R back to centre, step L back to centre	Section A:	
Section B: 1234 R toe strut, L toe strut 5678 ¼ R turn step back R, recover L, ½ L turn shuffle back RLR (3.00) Section C: 1234 Touch L toe beside R, touch L heel beside R, cross L over R, hold 5678 Touch R toe beside L, touch R heel beside L, cross R over L, hold (3.00) Section D: 1234 1234 Step L, hold, cross R over L, hold 56788 Step L to L, cross R over L, step L to L, kick R Section E: 1234 1234 Step R back, kick L, step L back, kick R 5678 Step D back RLRL Section F: 1234 1234 Step R to R, step L to L, step R back to centre, step L back to centre	1&2 3&4	Shuffle RLR diagonally R, Shuffle LRL diagonally L
1 2 3 4R toe strut, L toe strut5 6 7 8¼ R turn step back R, recover L, ½ L turn shuffle back RLR (3.00)Section C:Touch L toe beside R, touch L heel beside R, cross L over R, hold1 2 3 4Touch R toe beside L, touch R heel beside L, cross R over L, hold (3.00)Section D:Step L, hold, cross R over L, hold1 2 3 4Step L to L, cross R over L, step L to L, kick RSection E:Step R back, kick L, step L back, kick R1 2 3 4Step R back, kick L, step L back, kick RSection F:Step R to R, step L to L, step R back to centre, step L back to centre	5678	Skate RLRL / or Boggie walk
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Section F: 1 2 3 4 Step R to R, step L to L, step R back to centre, step L back to centre	1234	Step R back, kick L, step L back, kick R
1 2 3 4 Step R to R, step L to L, step R back to centre, step L back to centre	5678	Step back RLRL
	Section F:	
5 6 7 8 Repeat above	1234	Step R to R, step L to L, step R back to centre, step L back to centre
	5678	Repeat above

Restarts: 3rd and 6th Wall dance up to 32 counts and restart

Tag: 4th wall and 8th wall add 8 steps:

1234	R to strut, L toe strut
5678	R to strut, L toe strut

Repeat

ENDING:

End of the 8th Wall after the Tag: Add the following steps:		
1234	Step R, touch L beside R, Step L, touch R beside L	
1 – 8	$^{1\!\!/}_{\!\!\!4}$ R turn, shuffle fwd RLR, hold, $^{1\!\!/}_{\!\!\!2}$ L turn shuffle fwd LRL, hold	

Do the above 8 counts three more times (32 counts in all)

- 1234 Sweep R fwd, hold, sweep R back, hold
- 5678 Step L back, step R beside L, step L fwd, hold
- 1234 Sweep R fwd, hold, sweep R back, hold
- 5678 Step L back, step R beside L, step L fwd, hold
- 1234 Kick R over L, kick R diagonally R, kick R over L, kick R diagonally R,





牆數:4

- 5 6 7 8 Step R behind L, step L to L, cross R over L, hold
- 1 8 Mirror above steps
- 1 2 3 4 Sweep R fwd, hold, sweep R back, hold
- 5 6 7 8 Sweep L back, hold, sweep L fwd, hold
- 1 Kick / touch R fwd and pose.....

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