Walking Away

拍數: 48

級數: Intermediate 2 step

編舞者: Maria Hennings Hunt (UK) - September 2010

音樂: As She's Walking Away (feat. Alan Jackson) - Zac Brown Band



WALKS FORWARD RIGHT, LEFT, ROCK FORWARD, RECOVER, STEP BACK (12:00)

- 1-2 Step Right Foot (RF) forward, step Left Foot (LF) forward
- 3&4 Rock forward on RF, recover weight on LF, step RF back

WALKS BACK LEFT, RIGHT, LEFT COASTER STEP (12:00)

- 1-2 Step back on LF, step back on RF
- 3&4 Step back on LF, close RF to LF, step LF forwards

STEP FORWARD RIGHT, SIDE ROCK, STEP FORWARD LEFT, SIDE ROCK - TRAVELLING FORWARDS

- (12:00)
- 1-2& Step RF forward, rock LF out to side, recover weight on RF
- 3-4& Step LF forward, rock RF out to side, recover weight on LF

STEP ½ TURN LEFT, RIGHT LOCK STEP FORWARD (6:00)

- 1-2 Step forward on RF, pivot ½ turn left, stepping onto LF
- 3&4 Step RF forwards, lock LF behind RF, step LF forwards

1/2 TURN RIGHT, 1/2 TURN, (or walk forward LF, RF) SHUFFLE FORWARD LEFT (6:00)

- 1-2 Make ¹/₂ turn right stepping LF back, make ¹/₂ turn right stepping RF forwards
- 3&4 Step LF forwards, close RF to LF, step LF forwards

RESTART HERE WALL 3 (facing 6:00)

ROCK ¼ TURN LEFT, CROSS SHUFFLE (3:00)

- 5-6 Rock forward on RF, turn ¼ left, recover weight on LF
- 7&8 Cross RF over LF, step RF to side, cross RF over LF

1/4 TURN RIGHT, 1/2 TURN RIGHT, 1/2 TURN RIGHT, 1/4 TURN RIGHT (9:00)

- (or side behind 1/4 turn to left, 1/4 turn left)
- 1-2 Turn ¼ to right stepping back on LF, turn ½ to right stepping RF forwards
- 3-4 Turn ½ to right stepping LF back, turn ¼ to right stepping RF to side

CROSS ROCK ¼ TURN LEFT, STEP ¼ TURN, BEHIND, STEP ¼ TURN (6:00)

- 1&2 Rock LF across RF, recover weight on LF, step LF ¹/₄ turn to left (6:00)
- 3&4 Step RF to side turning ¼ turn to left, step LF behind RF, step RF to side turning ¼ right (or lock step forward (6:00) with RF)

STEP ¼ TURN, STEP BEHIND, STEP ¼ TURN (6:00), STEP ½ TURN (12:00)

1&2 Step LF to side turning ¹/₄ to right, step RF behind, step LF to side turning ¹/₄ to left

(or lock step forward (6:00) with LF)

3-4 Step forward on RF, pivot ½ turn left, weight on LF

RESTART HERE WALL 6(facing 6:00)

FORWARD MAMBO RIGHT, BACK MAMBO LEFT (12:00)

- 1&2 Rock forward on RF, recover weight on LF, step RF next to LF
- 3&4 Rock back on LF, recover weight on RF, step LF in place

FORWARD TOUCH, STEP BACK, KICK, RIGHT COASTER STEP (12:00)





牆數:2

1&2& Step forward on RF, touch LF behind, step back on LF, kick RF forwards

3&4 Step RF back, close LF to RF, step RF forward

STEP ½ TURN, SHUFFLE FULL TURN FORWARD (or shuffle forward on LF) (6:00)

- 1-2 Step forward on LF, turn ½ right, recover weight on RF
- 3&4 Step LF back turning ½ to right, close RF to LF, turn ½ right stepping LF forwards

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