Sign Your Name



拍數: 60 牆數: 4 級數: Intermediate

編舞者: Alan Birchall (UK) - September 2010

音樂: Sign Your Name - Michael Bolton: (CD: One World, One Love)



Start: After Intro On Lyrics. Seconds: 25 - Count: 48 - BPM: 115

NOTE: During The Intro Michael Sings SIGN YOUR NAME Twice SIGN YOUR NAME In The Air – Once With Right Hand & Once With Left Hand

CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, 1/4, FULL TURN

1-2 Cross Rock Left Over Right, Recover On Right

3 Step Left To Left

4-5 Cross Rock Right Over Left, Recover On Left
6 Making ¼ Turn Right Step Right To Right 3 'o' Clock

7-8 Make ½ Turn Right Stepping Back On Left, Make ½ Turn Right Stepping Forward On Right 3

'o' Clock

SIDE, TOGETHER, SIDE, CLOSE, SIDE, CROSS ROCK, RECOVER, 14, STEP

9-10 Step Left To Left, Step Right Beside Left

11&12 Step Left To Left, Step Right Beside Left, Step Left To Left (Styling: Add Cuban Hips)

13-14 Cross Rock Right Over Left, Recover On Left

15-16 Making ¼ Turn Right Step Forward On Right, Step Forward On Left 6 'o' Clock

ROCKING CHAIR, STEP, TURN, STEP, HOLD

17-18	Rock Forward On Right, Recover On Left
19-20	Rock Back On Right, Recover On Left

21-22 Step Forward On Right, ½ Pivot Left 12 'o' Clock

23-24 Step Forward On Right, Hold

STEP, TURN, STEP, HOLD, FULL TURN, CROSS, POINT

25-26 Step Forward On Left, ½ Pivot Right 6 'o' Clock

27-28 Step Forward On Left, Hold

29-30 Making ½ Turn Left Stepping Back On Right, Making ½ Turn Left Stepping Forward On Left 6

'o' Clock

31-32 Cross Right Over Left, Point Left To Left

CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, HOLD, ROCK BACK, RECOVER

33-34 Cross Rock Left Over Right, Recover On Right (Styling: Roll Hips)

Dance Finish's Here During The 6th Wall Facing 12 'O' Clock Take, (35) Big Step To Left, (36) Drag Right

Towards Left

35&36 Cross Left Over Right, Step Right To Right, Cross Left Over Right

37-38 Take A Big Step To Right, Hold

39-40 Rock Left Behind Right, Recover On Right

STEP, HOLD, BEHIND 1/4 STEP, STEP, 1/2 PIVOT, FULL TURN

41-42 Take A Big Step Left To Left, Hold

43&44 Cross Right Behind Left, Make 1/4 Turn Left Stepping Forward On Left, Step Forward On

Right 3 'o' Clock

Restart Here During 3rd & 5th Wall Facing 9 '0' Clock

45-46 Step Forward On Left, ½ Pivot Right 9 'o' Clock

47-48 Making ½ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right

Restart Here During 2nd Wall Facing 6 '0' Clock

STEP, LOCK, STEP, LOCK, STEP, ROCK FORWARD, RECOVER, BACK LOCK STEP

49-50 Step Forward On Left, Lock Right Behind Left (Styling: Push Hips Forward & Back On Lock

Steps)

51&52 Step Forward On Left, Lock Right Behind Left, Step Forward On Left (Styling: Add Hips)

53-54 Rock Forward On Right, Recover On Left

55&56 Step Back On Right, Lock Left Over Right, Step Back On Right

ROCK BACK, RECOVER, FULL TURN

57-58 Rock Back On Left, Recover On Right,

59-60 Making ½ Turn Right Stepping Back On Left, Making ½ Turn Right Stepping Forward On

Right 9 'o' Clock

START AGAIN