Americano

拍數: 32

級數: Beginner

編舞者: Rafel Corbí (ES) - August 2010

音樂: We No Speak Americano - Yolanda Be Cool & DCUP: (CD: Radio version 2010)



Charleston Steps With Coasters

- 1-2 Touch right toe forward, step back with right 12:00
- 3&4 Step back with left, right beside left, step forward with left
- 5-6 Touch right toe forward, step back with right 12:00
- 7&8 Step back with left, right beside left, step forward with left

Rock, Recover, Chasse Right, Rock, Recover, Chasse Left With 1/4 Turn Left

- 9-10 Rock right foot forward, recover to left
- 11&12 Step right to right side, left beside right, step right to right side
- 13-14 Rock left foot forward, recover to right
- 15&16 Step left to left side, right beside left, do a 1/4 turn left and step left forward 9:00 **

Steps To Side Right & Left, Triple Step In Place Slightly Forward, Steps To Side Left & Right, Triple Step In **Place Slightly Back**

- Step right slightly forward and to the right, step left to left (in these two steps open arms up & 17-18 forward and to the right and then left)
- 19&20 Do three steps in place slightly forward (right-left-right)
- 21-22 Step left slightly forward and to the left, step right to right (in these two steps open arms up & forward and to the left and then right)
- Do three steps in place slightly forward (left-right-left) 23&24

Mambo Back, Mambo Forward, Steps Back, Hip Bumps

- 25&26 Rock back with right, recover to left foot, step right beside left
- 27&28 Rock forward with left, recover weight to right foot, step left beside right (slightly back)
- 29-30 Step back with right crossing behind left, step left back crossing behind right
- Touch right toe back (in diagonal to right with weight on left) and bump hips back, forward 31&32 and back

** DURING 4th wall (front wall) do first 16 steps and re-start dance again from the beginning

- We start 9th wall (once again front wall) doing the two charleston steps (1-8), then we do the following 4 steps:
- **Rocking Chair**
- 9-10 Rock forward with right, recover to left
- 11-12 Rock back with right, recover to left and start dance again from the beginning

If you use the long version of the song, just wait for the long intro, and start dance with the main beat.





牆數:4