

# Up A Notch

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Amy Christian (USA) - November 2010  
音樂: Up - The Saturdays



Intro: 32 count.

## Vine R, Step, Touch, Step, Touch,

1-4            Step to R side, L behind R, R to right side, Touch L next to R,  
5-8            Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,

## Vine L. Step, Touch, Step, Touch,

1-4            Step L to left side, R behind L, L to left side, Touch R next to L,  
5-8            Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

## Rocking Chair, Walk, Walk, Walk, Together,

1-4            Rock fwd on R, Recover back on L, Rock back on R, Recover fwd on L,  
5-8            Walk forward, R, L, R, Step L next to R,

## 1/4 Pivot, 1/4 Pivot, Out, Out, In, In,

1-4            Step fwd on R, Pivot 1/4 right on L, Step fwd on R, Pivot 1/4 right on L,  
5-8            Step R to right side, Step L to left side, Step R in, Step L next to R,

Begin again!

Easy 8 count Tag is done facing the back wall, at the end of Wall 9.

## Tag - Just The Arms, R, Hold, L, Hold, Cross, Hold, Down, Hold.

1-2            Look R as R hand goes straight out to R side, (1), Hold(2),  
3-4            Look L as L hand goes straight out to L side, (3), Hold (4),  
5-6            Look Forward, Arms crossed at Chest(5), Hold (6),  
7-8            Drop both arms to sides(7), Hold(8)

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