

# No Goodbyes

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Robbie McGowan Hickie (UK) - November 2010  
音樂: Out of Goodbyes (feat. Lady Antebellum) - Maroon 5



## 16 Count intro

### Right Side Rock. Right Sailor Step. Cross Behind. Unwind 1/2 Turn Left. Right Cross Shuffle.

- 1 – 2      Rock Right out to Right side. Recover weight on Left.
- 3&4      Cross Right behind Left. Step Left to left side. Step Right to Right side.
- 5 – 6      Cross Left behind Right. Unwind 1/2 turn Left. (Weight on Left)
- 7&8      Cross step Right over Left. Step Left to Left side. Cross step Right over Left. (Facing 6 o'clock)

### Left Side Rock. Left Sailor Step. Cross Rock. Right Shuffle 1&1/4 Turn Right.

- 1 – 2      Rock Left out to Left side. Recover weight on Right.
- 3&4      Cross Left behind Right. Step Right to Right side. Step Left to Left side.
- 5 – 6      Cross rock Right over Left. Rock back on Left.
- 7&      Make 1/4 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.
- 8      Make 1/2 turn Right stepping forward on Right. ...OR 7&8...Chasse 1/4 turn Right. (Facing 9 o'clock)

### Forward Rock. Left Lock Step Back. Back Rock. 2 x 1/2 Turns Left.

- 1 – 2      Rock forward on Left. Rock back on Right.
- 3&4      Step back on Left. Lock step Right across Left. Step back on Left.
- 5 – 6      Rock back on Right. Rock forward on Left.
- 7 – 8      Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.

### Forward Rock. Right Coaster Cross. Chasse 1/4 Turn Left. Step. Pivot 3/8 Turn Left.

- 1 – 2      Rock forward on Right. Rock back on Left.
- 3&4      Step back on Right. Step Left beside Right. Cross step Right over Left.
- 5&6      Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 7 – 8      Step forward on Right. Pivot 3/8 turn Left. (Now Facing 1 o'clock)

### 2 x Skates Forward. Right Lock Step Forward. Left Mambo Forward. Slide Back. Cross.

- 1 – 2      (Still on Right Diagonal) Skate forward on Right. Skate forward on Left.
- 3&4      Step forward on Right. Lock step Left behind Right. Step forward on Right.
- 5&6      Rock forward on Left. Rock back on Right. Step back on Left.
- 7 – 8      Slide/Step back on Right. Cross step Left over Right. (Straightening up to 3 o'clock)

### Hip Sways. Right Sailor 1/4 Turn Right. Step. Pivot 1/2 Turn Right. Left Lock Step Forward.

- 1 – 2      Step Right to Right side Swaying hips Right. Sway hips Left.
- 3&4      Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Step forward on Right.
- 5 – 6      Step forward on Left. Pivot 1/2 turn Right.
- 7&8      Step forward on Left. Lock step Right behind Left. Step forward on Left. (Facing 12 o'clock)

### Cross Rock. Chasse Right. Cross Over. Unwind Full Turn Right. Right Side Rock.

- 1 – 2      Cross rock Right over Left. Rock back on Left.
- 3&4      Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 5 – 6      Cross Left over Right. Unwind Full turn Right. (Weight on Left)
- 7 – 8      Rock Right out to Right side. Recover weight on Left.

### Cross. 1/4 Turn Right. 1/4 Turn Chasse Right. Forward Rock. Left Coaster Cross.

- 1 – 2            Cross step Right over Left. Make 1/4 turn Right stepping back on Left.  
3&4            Make 1/4 turn Right stepping Right to Right side. Close Left beside Right. Step Right to Right side.  
5 – 6            Rock forward on Left. Rock back on Right.  
7&8            Step back on Left. Step Right beside Left. Cross step Left over Right. (Facing 6 o'clock)

**Start Again**

**TAG: 16 Count Tag (End of Wall 2): Right Side Rock. Behind & Cross. 2 x 1/4 Turns Right. Left Cross Shuffle.**

- 1 – 2            Rock Right out to Right side. Recover weight on Left.  
3&4            Cross Right behind Left. Step Left to Left side. Cross step Right over Left.  
5 – 6            Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.  
7&8            Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 6 o'clock)
- 9 – 16            Repeat above Counts 1 – 8. (Now Facing 12 o'clock)

**Web: [www.robbiemh.co.uk](http://www.robbiemh.co.uk)**

---