

# NC Forever!

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Simon Ward (AUS) & Niels Poulsen (DK) - December 2010  
音樂: I Belong To You - Eros Ramazzotti & Anastacia : (Album: The Best of Anastacia  
'Pieces of a dream')



Intro: 4 counts from first beat (app. 3 seconds into track). Start with weight on L.

**\*\* 4 restarts:** After count 28& on wall 1 and 3, both times facing 6:00. After count 28& on wall 6 and 8, both times facing 12:00

Sequence: 28, 32, 28, 32, 32, 28, 32, 28, 24... Much easier than it looks! ;-)

**Note:** The intention with this dance has been to create a night club two step which is not too difficult and that you can dance as a floor-split to many of the harder NC 2's around.  
This means that the 32 counts will fit any 32 count NC 2 dance... ;-))

## [1 – 8] Basic R, ¼ R, ¼ R, cross, basic R, ¼ R, ¼ R, cross

1                    Step R a big step to R side (1) 12:00  
2&3                Close L behind R (2), cross R over L (&), turn ¼ R stepping back on L (3) 3:00  
4&5                Turn ¼ R stepping R to R side (4), cross L over R (&), step R a big step to R side (5) 6:00  
6&7                Close L behind R (6), cross R over L (&), turn ¼ R stepping back on L (7) 9:00  
8&                Turn ¼ R stepping R to R side (8), Cross L over R (&) 12:00

## [9 – 16] ¼ R fw with sweep, jazz back, sweep with jazz, ¼ R, L cross rock, R cross rock

1                    Turn ¼ R stepping onto R and sweeping L foot fw (1) 3:00  
2&3                Cross L over R (2), step back on R (&), step L diagonally back L with R sweep fw (3) 3:00  
4&5                Cross R over L (4), step back on L (&), turn ¼ R stepping R to R side with L sweep fw (5) 6:00  
6&7                Cross rock L over R (6), recover back on R (&), step L to L side (7) 6:00  
8&                Cross rock R over L (8), recover back on L (&) 6:00

## [17 – 24] Basic R, ¼ R back, close cross, basic R, ¼ R back, R back rock

1                    Step R a big step to R side (1) 6:00  
2&3                Close L behind R (2), cross R over L (&), turn ¼ R stepping L backwards (3) 9:00  
4&5                Rock back on R (4), recover on L crossing L over R (&), step R a big step to R side (5) 9:00  
6&7                Close L behind R (6), cross R over L (&), turn ¼ R stepping L backwards (7) 12:00  
8&                Rock back on R (8), recover weight fw to L (&) 12:00

## [25 – 32] Fw R, step turn step, L full turn, R basic, L side rock, cross

1                    Step fw on R (1) 12:00  
2&3                Step fw on L (2), turn ½ R stepping fw onto R (&), step fw onto L (3) 6:00  
4&5                Turn ½ L stepping back on R (4), turn ½ L stepping fw onto L (&), Step R to R side (5) OR non-turny option: walk fw R L on counts 4& 6:00  
6&7                Close L behind R (6), cross R over L (&), Rock L to L side (7) 6:00  
8&                Recover weight to R (8), cross L over R (&) 6:00

Start again... and ENJOY!

Contact: [niels@love-to-dance.dk](mailto:niels@love-to-dance.dk)