

Rock With The Rhythm

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Upper Beginner
編舞者: Pam Cassells (AUS) - December 2010
音樂: Rockin'With the Rhythm of the Rain - Kel-Anne Brandt : (CD: I'm A Big Girl Now)



Start Position: Feet together - with weight on L foot.
Starts on vocals – 16 Counts in. Rotation: Anti-clockwise

STEP R TO R SIDE, DRAG L TO R, HEEL, HEEL, R BACKWARD ROCKING CHAIR

1,2 Step R to R side, drag L up to and step beside R,
3,4 Raise and drop R heel in place, raise and drop L heel in place,
5,6,7,8 R backward rocking chair - step R back, rock/replace weight forward on L, step R forward,
 rock/replace weight back on L,

R BACKWARD ROCKING CHAIR, STEP BACK, KICK OUT, STEP BACK, KICK OUT

1,2,3,4 R backward rocking chair - step R back, rock/replace weight forward on L, step R forward,
 rock/replace weight back on L,
5,6 Step R back, kick L out to L45,
7,8 Step L back, kick R out to R45,

REGGAE/JAZZ BOX, STEP, LOCK, STEP, SCUFF

1,2,3,4 R reggae/jazz box - step R over L, step L back, step R to R side, touch L beside R,
5,6,7,8 Step L forward, lock R behind L, step L forward, scuff R forward,

STEP, LOCK, STEP, SCUFF, 90 ° TURNING REGGAE/JAZZ BOX

1,2,3,4 Step R forward, lock L behind R, step R forward, scuff L forward,
5,6,7,8 Turning Reggae/jazz box - step L over R, step R back, turning 90 degrees L - step L to L
 side, touch R beside L.

32 counts

REPEAT DANCE IN NEW DIRECTION

Finish: At the end of the dance add:- Paddle turn to face the front, step together and hold.

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