拍數： 64
寣數： 4
級數：Intermediate
編舞者：Darren Bailey（UK）－January 2011
音樂：Man With the Hex－The Atomic Fireballs

Dance starts on the lyrics after the 1st instrumental section（ 25 seconds）
Fall Of The Log To The L，With Shimmy Ending
$8 \quad$ Kick Rf low to $R$ diagonal
1－3 Cross Rf behind Lf，step Lf to $L$ side，cross Rf over Lf
4 Hold
5－6 Step Lf to $L$ side and shimmy down towards floor，continue to shimmy
$7 \quad$ Step $R f$ to $R$ side

## Fall Of The Log To The R，With Shimmy Ending <br> $8 \quad$ Kick Lf low to $L$ diagonal <br> 1－3 Cross Lf behind Rf，step Rf to $R$ side，cross Lf over Rf <br> 4 Hold <br> 5－6 $\quad$ STep $R f$ to $R$ side and shimmy down towards floor，continue to shimmy <br> 7 Step Lf to $L$ side <br> Fall Of The Log To The L With $1 / 4$ Turn L，Walk L，Hold，Walk R，Scuff And Clap <br> $8 \quad$ Kick Rf low to $R$ diagonal <br> 1－3 Cross Rf behind Lf，step Lf to $L$ side，make a $1 / 4$ turn $L$ and step forward on Rf <br> 4 Hold <br> 5－6 Step forward on Lf，Hold <br> 7－8 Step forwad on Rf，scuff Lf forward and clap at the same time

Rock Forward，Hold，Rock Back，Hold，Touch Forward，Touch Forward，Step Forward，Hold
1－2 Rock forward on Lf，Hold
3－4 Rock back on Rf，hold
5－7 Touch Lf forward slightly，touch Lf forward slightly more，step forward on Lf（Further away）
8 Hold

## Easy Lindy Kicks

1－2 Kick Rf forward，Bring Rf in bending at the knee
3－4 Step back on Rf，hold
5－6 Step Lf next to Rf at the same time hitch up $R$ knee，hold
7－8 Step Rf next to Lf，Step forward on Lf

## Easy Lindy Kicks

1－2 Kick Rf forward，Bring Rf in bending at the knee
3－4 Step back on Rf，hold
5－6 Step Lf next to Rf at the same time hitch up R knee，hold
7－8 $\quad$ Step Rf next to Lf，Step forward on Lf
Step $1 / 2$ Turn L，X2
1－2 Step forward on Rf，hold
3－4 Make a $1 / 2$ turn $L$ ，hold（weight ends on Lf）
5－6 Step forward on Rf，hol d
7－8 Make a $1 / 2$ turn L ，hold（weight ends on Lf）

R Jazz Box With Scuff, L Jazz Box With Kick (To Start The Dance Again)
1-2 Cross Rf over Lf, step back on Lf
3-4 Step Rf to $R$ side, scuff Lf forward
5-6 Cross Lf over Rf, Step back on Rf
$7 \quad$ Step Lf to $L$ side
$8 \quad$ Kick Rf low to R diagonal (which is the 1 st step of the dance)
On wall 2 repeat the second half of the dance twice, from the first Lindy Kick section.
Have fun and Keep Kicking!!!!

