

拍數: 32 牆數: 4 級數: Intermediate

編舞者: Ross Brown (ENG) - January 2011

音樂: Dance Dreams - Eurythmics vs. Lady Gaga: (CD: Mash-Up Your Bootz Party

Sampler Vol. 17 - 3:50)



Alternative Music: Only Girl (In The World) by Rihanna (126 BPM), CD; Only Girl (In The World) [Length – 3:55]

Intro: 32 Counts (Approx. 15 Secs) [Both Tracks]

WALK, WALK, ¼ TURN L. CROSS SHUFFLE. SWEEP. CROSS, BACK STEP ¼ TURN R. SAILOR ¾ TURN R with CROSS.

1 – 2 &	Walk forward; right, left, make a ¼ turn left stepping right next to left.
3 & 4	Cross step left over right, close right up to left, cross step left over right.
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& Sweep right foot from behind to infront of left.

5-6 Cross step right over left, make a $\frac{1}{4}$ turn right stepping back with left.

7 & 8 Make a ¾ turn right stepping; right behind left, left next to right, right over left. (9 o'clock)

SPIRAL 1 1/4 TURN L, STEP. STEP, PIVOT 1/2 TURN L. DOROTHY STEPS.

1 – Z Wiake a 1 ¼ lum leit nooking leit loot across num shin. Step lorward with lei	1 – 2	Make a 1 1/4 turn left hooking left foot across right shin, step forward with left
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3 – 4 Step forward with right, pivot a ½ turn left.

5 – 6 & Step right forward to right diagonal, lock left behind right, step right next to left.

7 – 8 & Step left forward to left diagonal, lock right behind left, step left next to right. (12 o'clock)

SIDE ROCK ¼ TURN L, TOGETHER. SIDE ROCK, TOGETHER. FORWARD ROCK, TOGETHER. STEP, HEEL BOUNCE ½ TURN R.

1 – 2 & Make a ¼ turn left rocking right to the right, recover onto left, step right n
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3 – 4 & Rock left to the left, recover onto right, step left next to right.
5 – 6 & Rock forward with right, recover onto left, step right next to left.

7 & 8 Step forward with left, make a ½ turn right bouncing both heels, place both heels.

(Weight ends on left foot) (3 o'clock)

KICK, OUT, OUT. DRAG, BALL, CROSS. CHASSE 1/4 TURN L. TRIPLE 1 1/4 TURN L.

1 & 2	Kick forward with right, step right to the right, step left to the left dragging right in.
3 & 4	Continue to drag right up to left, step right next to left, cross step left over right.
5 & 6	Step right to the right, close left up to right, make a 1/4 turn left stepping back with right.
7 & 8	Make a 1 1/4 turn left (on the spot) stepping; left, right, left. (9 o'clock)

End of Dance. Start again and Enjoy!

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