

Out of The Blues

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Maureen Jones (UK) & Michelle Jones (UK) - January 2011
音樂: Out of the Blue - Michael Learns to Rock : (CD: 19 Love Songs)



Intro: 8 counts

LARGE STEP RIGHT, BACK ROCK, ¼ TURN-SIDE, SAILOR ¼ TURN, ROCK ½ SHUFFLE TURN WITH ROCK

- 1 Step right large step right, dragging left
- 2&3 Rock left behind right, recover onto right, make ¼ turn right and step left to left
- 4&5 Sweep right back & step behind left, make ¼ turn right and step left slightly forward, step right forward
- 6-7 Rock left forward, recover onto right
- 8&9 Make ¼ turn left and step left to left, step right beside left, make ¼ turn left and rock left forward

RECOVER, BACK, BACK ROCK, 1/2 TURN-BACK, BACK ROCK, ½ TURN-BACK, SAILOR ¼ TURN

- 10-11 Recover onto right, step left back
- 12&13 Rock right back, recover onto left, spin ½ turn left and step right back
- 14&15 Rock left back, recover onto right, spin ½ turn right and step left back
- 16&17 Sweep right back and step behind left, make ¼ turn right and step left slightly forward, step right large step right

BACK ROCK, SIDE SHUFFLE, BACK ROCK, SHUFFLE

- 18-19 Rock left behind right, recover onto right
- 20&21 Side shuffle left stepping left, right, left
- 22-23 Rock right behind left, recover onto left
- 24&25 Shuffle forward stepping right, left, right

STEP, STEP-1/2 PIVOT-STEP, ½ SPIN TURN-BACK, BACK, SHUFFLE ½ TURN, ¼ TURN

- 26 Step left forward
- 27&28 Step right forward, pivot ½ turn left, step right forward
- 29-30 Spin ½ turn right & step left back, step right back
- 31&32& Shuffle ½ turn left stepping left, right, left, on ball of left make ¼ turn left

TAG – insert after wall 3 (facing the back)

- 1 Step right large step right, dragging left
- 2&3 Rock left behind right, recover onto right, make ¼ turn right and step left back
- 4&5 Step right back, step left beside right, step right forward
- 6-8 Step left forward, pivot ¼ turn right, step left across right

Note:- After wall 7 there is a very brief pause. Slow the final shuffle turn on wall 7 and pause briefly, then continue with next wall as music resumes (facing front).

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