

Want That Mango

COPPER KNOB
STEPPERS

拍數: 40 牆數: 4 級數: Improver
編舞者: Sadiah Heggernes (NOR/UK) - February 2011
音樂: Julie Mango - Byron Lee & The Dragonaires : (Album: Soca Vibes)



40 count intro from start of track. Dance starts 8 counts before vocals

Section 1: Step, Side Rock x 2, Cross Rock, Recover, Cross Rock, Hitch with ¼ Turn

1a2 Step forward on right. Rock left to left side. Recover weight onto right
3a4 Step forward on left. Rock right to right side. Recover weight onto left
5-6 Cross rock right over left. Recover weight onto right.
7-8 Cross rock right over left. Make ¼ turn right lifting left knee beside right.
(weight on right) 3.00

Section 2: Mambo Forward, Chasse ¼ Turn Right, Cross, Side, Sailor Step

1&2 Rock forward on left. Recover weight onto right. Step back on left
3&4 Make ¼ turn right stepping right to right side. Close left beside right. Step right to right side
6.00
5-6 Cross left over right. Step right to right side
7&8 Cross left behind right. Step right to right side. Step left to left side

Section 3: Cross Rock, Recover, Side Rock ¼ Turn, Side Mambo x 2

1-2 Cross rock right over left. Recover weight onto left
3-4 Rock right to right side. Recover weight onto left making ¼ turn left
5&6 Rock right to right side. Recover weight onto left. Step right beside left
7&8 Rock left to left side. Recover weight onto right. Step left beside right 3.00

Section 4: Cross Ball Step x 2, ½ Circle Step, Ball, Step

1a2 Cross right over left. Step left to left side, Step right beside left
3a4 Cross left over right. Step right to right side. Step left beside right
5&6&7&8 ½ circle turn on right dancing step, ball, step, ball, step, ball, step 9.00

Fun arms: On steps 5-8 put your left hand on your hip & sweep out with your right arm (palm up) like you're serving a mango!

Section 5: Cross Ball Step x 2, Full Turn, Step, Point

1a2 Cross left over right. Step right to right side. Step left beside right
3a4 Cross right over left. Step left to left side, Step right beside left
5-6 Make ½ turn right stepping back on left. Make ½ turn right stepping forward on right
7-8 Step forward on left. Point right to right side

Easy Option: Full turn can be replaced with walks forward

Many thanks to Astrid Johansen for telling me about the music- this one's for you!